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SCIENCE MEDICINES HEALTH

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Committee on Herbal Medicinal Products (HMPC)

## HMPC monographs: Overview of recommendations for the uses of herbal medicinal products in the paediatric population

Last update: April 2018

### Introduction

The purpose of this list is to provide an overview of the recommendations for use of the herbal preparations in the paediatric population as set out in the HMPC monographs. The list summarises the indications and any limitations of use in children as assessed by the HMPC.

The age range and use of herbal medicinal products, within this special population of patients, are frequently discussed by healthcare professionals. The purpose of this overview is to provide a summary of the information from the monographs for ease of reference.

The list pertains to the specific substances/preparations<sup>1</sup> as mentioned in the European Union monographs and not to other categories of herbal products such as food or food supplements.

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<sup>1</sup> Ethanol is often used as extraction solvent in the manufacture of herbal medicinal products. Solvents specified for herbal preparations as listed here do not reflect the ethanol content in the finished product. The final amount is calculated by the producer and appears on the label and in the package leaflet of each individual product. For more information please consult the Reflection paper on ethanol content in HMP and THMP used in children ([EMA/HMPC/85114/2008](https://www.ema.europa.eu/en/documents/other/reflection-paper-ethanol-content-hmp-thmp-used-children_en.pdf)).

30 Churchill Place • Canary Wharf • London E14 5EU • United Kingdom

**Telephone** +44 (0)20 3660 6000 **Facsimile** +44 (0)20 3660 5555

**Send a question via our website** [www.ema.europa.eu/contact](http://www.ema.europa.eu/contact)

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The list is divided into two groups of herbal medicinal products:

- well-established use (marketing authorisation, WEU): demonstrated sufficient safety and efficacy data (page 14-20);
- traditional use (simplified registration, TU): accepted on the basis of sufficient safety data and plausible efficacy (page 21-81).

The monographs are generally applied within the EU and are taken into account by Member States when examining an application. Member States are not obliged to follow the monographs and it is possible that a Member State, with a due justification, will choose not to adhere to a specific monograph.

The list is derived from information in the monographs as adopted.

**For further information reference should be made to the specific monographs and assessment reports.**

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## Herbal substances with Final European Union herbal monographs (alphabetical order):

<b>A</b>	<a href="#">Cinnamomi corticis aetheroleum</a>	<a href="#">Fumariae herba</a>	<a href="#">Matricariae flos</a>	<a href="#">Plantaginis lanceolatae folium</a>
<a href="#">Absinthii herba</a>	<a href="#">Cinnamomi cortex</a>	<b>G</b>	<a href="#">Matricariae aetheroleum</a>	<a href="#">Plantaginis ovatae semen</a>
<a href="#">Agni casti fructus</a> <a href="#">TU</a> <a href="#">WEU</a>	<a href="#">Colae semen</a>	<a href="#">Gentianae radix</a>	<a href="#">Marrubii herba</a>	<a href="#">Plantaginis ovatae seminis tegumentum</a>
<a href="#">Agrimoniae herba</a>	<a href="#">Crataegi folium cum flore</a>	<a href="#">Ginkgo folium</a> <a href="#">TU</a> <a href="#">WEU</a>	<a href="#">Matricariae flos</a>	<a href="#">Polygoni aviculare herba</a>
<a href="#">Agropyri repentis rhizoma</a>	<a href="#">Curcumae longae rhizoma</a>	<b>H</b>	<a href="#">Melaleucaae alternifoliae aetheroleum</a>	<a href="#">Polypodii rhizoma</a>
<a href="#">Aloe</a>	<a href="#">Curcumae xanthorrhizae rhizoma</a>	<a href="#">Hamamelidis cortex</a>	<a href="#">Meliloti herba</a>	<a href="#">Primulae flos</a>
<a href="#">Althaeae radix</a>	<a href="#">Cynarae folium</a>	<a href="#">Hamamelidis folium</a>	<a href="#">Melissae folium</a>	<a href="#">Primulae radix</a>
<a href="#">Anisi aetheroleum</a>	<b>E</b>	<a href="#">Hamamelidis folium et cortex aut ramunculus destillatum</a>	<a href="#">Menthae piperitae aetheroleum</a> <a href="#">TU</a> <a href="#">WEU</a>	<a href="#">Pruni cortex</a>
<a href="#">Anisi fructus</a>	<a href="#">Echinaceae angustifoliae radix</a>	<a href="#">Harpagophyti radix</a>	<a href="#">Menthae piperitae folium</a>	<a href="#">Psyllii semen</a>
<a href="#">Arctii radix</a>	<a href="#">Echinaceae pallidae radix</a>	<a href="#">Hederae helicis folium</a>	<a href="#">Millefolii flos</a>	<b>Q</b>
<a href="#">Arnicae flos</a>	<a href="#">Echinaceae purpureae herba</a> <a href="#">TU</a> <a href="#">WEU</a>	<a href="#">Helichrysi flos</a>	<a href="#">Millefolii herba</a>	<a href="#">Quercus cortex</a>
<a href="#">Avenae fructus</a>	<a href="#">Echinaceae purpureae radix</a>	<a href="#">Hippocastani cortex</a>	<a href="#">Myrtilli fructus recens</a>	<b>R</b>
<a href="#">Avenae herba</a>	<a href="#">Eleutherococci radix</a>	<a href="#">Hippocastani semen</a> <a href="#">TU</a> <a href="#">WEU</a>	<a href="#">Myrtilli fructus siccus</a>	<a href="#">Rhamni purshianae cortex</a>
<b>B</b>	<a href="#">Epilobii herba</a>	<a href="#">Hyperici herba</a> <a href="#">TU</a> <a href="#">WEU</a>	<a href="#">Myrrha (Commiphora molmol)</a>	<a href="#">Rhei radix</a>
<a href="#">Betulae folium</a>	<a href="#">Eschscholziae herba</a>	<b>J</b>	<b>O</b>	<a href="#">Rhodiolae roseae rhizoma et radix</a>
<a href="#">Boldi folium</a>	<a href="#">Equiseti herba</a>	<a href="#">Juglandis folium</a>	<a href="#">Oenotherae biennis oleum</a>	<a href="#">Ribis nigri folium</a>
<a href="#">Bursae pastoris herba</a>	<a href="#">Eucalypti aetheroleum</a>	<a href="#">Juniperi aetheroleum</a>	<a href="#">Oleae folium</a>	<a href="#">Rosae flos</a>
<b>C</b>	<b>F</b>	<a href="#">Juniperi pseudo-fructus</a>	<a href="#">Ononidis radix</a>	<a href="#">Rosmarini aetheroleum</a>
<a href="#">Calendulae officinalis flos</a>	<a href="#">Filipendulae ulmariae flos</a>	<b>L</b>	<a href="#">Origani dictamni herba</a>	<a href="#">Rosmarini folium</a>
<a href="#">Camelliae sinensis non fermentatum folium</a>	<a href="#">Filipendulae ulmariae herba</a>	<a href="#">Lavandulae aetheroleum</a>	<a href="#">Origani majorana herba</a>	<a href="#">Ricini oleum</a>
<a href="#">Capsici fructus</a>	<a href="#">Foeniculi amari fructus</a>	<a href="#">Lavandulae flos</a>	<a href="#">Orthosiphonis stamini folium</a>	<a href="#">Rubi idaei folium</a>
<a href="#">Caryophyllii floris aetheroleum</a>	<a href="#">Foeniculi amari fructus aetheroleum</a>	<a href="#">Lecithinum ex soya</a>	<b>P</b>	<a href="#">Rusci aculeati rhizoma</a>
<a href="#">Carvi aetheroleum</a>	<a href="#">Foeniculi dulcis fructus</a>	<a href="#">Leonuri cardiaca herba</a>	<a href="#">Panax ginseng radix</a>	<b>S</b>
<a href="#">Carvi fructus</a>	<a href="#">Foenugraeci semen (Trigonella foenum-graecum)</a>	<a href="#">Lichen islandicus</a>	<a href="#">Passiflorae herba</a>	<a href="#">Sabalis serrulatae fructus</a>
<a href="#">Centaurii herba</a>	<a href="#">Frangulae cortex</a>	<a href="#">Lini semen</a> <a href="#">TU</a> <a href="#">WEU</a>	<a href="#">Pelargonii radix</a>	<a href="#">Salicis cortex</a> <a href="#">TU</a> <a href="#">WEU</a>
<a href="#">Chamomillae romanae flos</a>	<a href="#">Fraxini folium</a>	<a href="#">Lupuli flos</a>	<a href="#">Phaseoli fructus sine semine</a>	<a href="#">Salviae officinalis folium</a>
<a href="#">Cichorii intybi radix</a>	<a href="#">Fucus vesiculosus thallus</a>	<b>M</b>	<a href="#">Pilosellae herba cum radice</a>	<a href="#">Sambuci flos</a>
<a href="#">Cimicifugae racemosae rhizoma</a>		<a href="#">Mate folium</a>		

[Sennae folium](#)

[Sennae fructus](#)

[Sideritis herba](#)

[Sisymbrii officinalis herba](#)

[Soiae oleum raffinatum](#)

[Solidaginis virgaureae herba](#)

[Species diureticae](#)

[Symphyti radix](#)

**T**

[Tanacetii parthenii herba](#)

[Taraxaci folium](#)

[Taraxaci radix cum herba](#)

[Thymi aetheroleum](#)

[Thymi herba](#)

[Tiliae flos](#)

[Tormentillae rhizome](#)

**U**

[Urticae folium](#)

[Urticae herba](#)

[Uvae ursi folium](#)

**V**

Valerianae radix [TU](#) [WEU](#)

Valerianae radix and Lupuli flos  
[TU](#) [WEU](#)

[Verbasci flos](#)

[Violae herba cum flore](#)

Vitis viniferae folium [TU](#) [WEU](#)

**Z**

Zingiberis rhizoma [TU](#) [WEU](#)

## Herbal substances with Final European Union herbal monographs (according to therapeutic areas):

[CIRCULATORY DISORDERS](#)

[CONSTIPATION](#)

[COUGH AND COLD](#)

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[FATIGUE AND WEAKNESS](#)

[GASTROINTESTINAL DISORDERS](#)

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[SKIN DISORDERS AND MINOR WOUNDS](#)

[SLEEP DISORDERS AND TEMPORARY INSOMNIA](#)

[URINARY TRACT AND GENITAL DISORDERS](#)

CIRCULATORY DISORDERS	
C	<a href="#">Crataegi folium cum flore</a>
G	Ginkgo folium <a href="#">TU</a> <a href="#">WEU</a>
H	<a href="#">Hamamelidis cortex</a> , <a href="#">Hamamelidis folium</a> , <a href="#">Hippocastani cortex</a> , Hippocastani semen <a href="#">TU</a> <a href="#">WEU</a>
L	<a href="#">Leonuri cardiaca herba</a>
M	<a href="#">Meliloti herba</a> , <a href="#">Myrtilli fructus recens</a>
Q	<a href="#">Quercus cortex</a>
R	<a href="#">Rosmarini aetheroleum</a> , <a href="#">Rosmarini folium</a> , <a href="#">Rusci aculeati rhizome</a>
V	Vitis viniferae folium <a href="#">TU</a> <a href="#">WEU</a>

CONSTIPATION	
A	<a href="#">Aloe</a>
F	<a href="#">Frangulae cortex</a>
L	<a href="#">Lini semen</a>
P	<a href="#">Plantaginis ovatae semen</a> , <a href="#">Plantaginis ovatae seminis tegumentum</a> , <a href="#">Polypodii rhizoma</a> , <a href="#">Psyllii semen</a>
R	<a href="#">Rhamni purshianae cortex</a> , <a href="#">Rhei radix</a> <a href="#">Ricini oleum</a>
S	<a href="#">Sennae folium</a> , <a href="#">Sennae fructus</a>

**COUGH AND COLD**

<b>A</b>	<a href="#">Anisi aetheroleum</a> , <a href="#">Anisi fructus</a>
<b>E</b>	<a href="#">Echinaceae angustifoliae radix</a> , <a href="#">Echinaceae pallidae radix</a> , <a href="#">Echinaceae purpureae herba</a> , <a href="#">Echinaceae purpureae radix</a> , <a href="#">Eucalypti aetheroleum</a>
<b>F</b>	<a href="#">Filipendulae ulmariae flos</a> , <a href="#">Filipendulae ulmariae herba</a> , <a href="#">Foeniculi amari fructus</a> , <a href="#">Foeniculi amari fructus aetheroleum</a> , <a href="#">Foeniculi dulcis fructus</a>
<b>H</b>	<a href="#">Hederae heliis folium</a>
<b>M</b>	<a href="#">Marrubii herba</a> , <a href="#">Matricariae flos</a> , <a href="#">Menthae piperitae aetheroleum</a>
<b>O</b>	<a href="#">Origanum dictamnii herba</a>
<b>P</b>	<a href="#">Pelargonii radix</a> , <a href="#">Polypodii rhizome</a> , <a href="#">Polygoni aviculare herba</a> , <a href="#">Primulae flos</a> , <a href="#">Primulae radix</a>
<b>S</b>	<a href="#">Salicis cortex</a> , <a href="#">Sambuci flos</a> , <a href="#">Sideritis herba</a>
<b>T</b>	<a href="#">Thymi aetheroleum</a> , <a href="#">Thymi herba</a> , <a href="#">Tiliae flos</a> , <a href="#">Thymi herba and Primulae radix</a>
<b>V</b>	<a href="#">Verbasci flos</a>

**EYE DISCOMFORT**

<b>H</b>	<a href="#">Hamamelidis folium et cortex aut ramunculus destillatum</a>
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**FATIGUE AND WEAKNESS**

<b>C</b>	<a href="#">Camelliae sinensis non fermentatum folium</a> , <a href="#">Colae semen</a> ,
<b>E</b>	<a href="#">Eleutherococci radix</a>
<b>L</b>	<a href="#">Lecithinum ex soya</a>
<b>M</b>	<a href="#">Mate folium</a>
<b>P</b>	<a href="#">Panax ginseng radix</a>

<b>GASTROINTESTINAL DISORDERS</b>	
<b>A</b>	<a href="#">Absinthii herba</a> , <a href="#">Agrimoniae herba</a> , <a href="#">Althaeae radix</a> , <a href="#">Anisi aetheroleum</a> , <a href="#">Anisi fructus</a>
<b>B</b>	<a href="#">Boldi folium</a>
<b>C</b>	<a href="#">Carvi aetheroleum</a> , <a href="#">Carvi fructus</a> , <a href="#">Centaurii herba</a> , <a href="#">Chamomillae romanae flos</a> , <a href="#">Cichorii intybi radix</a> , <a href="#">Cinnamomi cortex</a> , <a href="#">Cinnamomi corticis aetheroleum</a> , <a href="#">Curcumae longae rhizome</a> , <a href="#">Curcumae xanthorrhizae rhizoma</a> , <a href="#">Cynarae folium</a>
<b>F</b>	<a href="#">Foeniculi amari fructus</a> , <a href="#">Foeniculi dulcis fructus</a> , <a href="#">Fucus vesiculosus thallus</a> , <a href="#">Fumariae herba</a>
<b>G</b>	<a href="#">Gentianae radix</a>
<b>H</b>	<a href="#">Harpagophyti radix</a> , <a href="#">Hyperici herba</a> , <a href="#">Helichrysi flos</a>
<b>J</b>	<a href="#">Juniperi aetheroleum</a> , <a href="#">Juniperi pseudo-fructus</a>
<b>L</b>	<a href="#">Lini semen</a>
<b>M</b>	<a href="#">Marrubii herba</a> , <a href="#">Matricariae flos</a> , <a href="#">Melissae folium</a> , <a href="#">Menthae piperitae aetheroleum</a> , <a href="#">Menthae piperitae folium</a> , <a href="#">Millefolii flos</a> , <a href="#">Millefolii herba</a> , <a href="#">Myrtilli fructus siccus</a>
<b>O</b>	<a href="#">Origani dictamni herba</a> , <a href="#">Origani majorana herba</a>
<b>Q</b>	<a href="#">Quercus cortex</a>
<b>R</b>	<a href="#">Rosmarini aetheroleum</a> , <a href="#">Rosmarini folium</a> , <a href="#">Rubi idaei folium</a>
<b>S</b>	<a href="#">Salviae officinalis folium</a> , <a href="#">Sideritis herba</a>
<b>T</b>	<a href="#">Taraxaci radix cum herba</a> , <a href="#">Tormentillae rhizome</a>
<b>Z</b>	Zingiberis rhizome <a href="#">TU</a> <a href="#">WEU</a>

### LOSS OF APPETITE

<b>A</b>	<a href="#">Absinthii herba</a> , <a href="#">Arctii radix</a>
<b>C</b>	<a href="#">Centaurii herba</a> , <a href="#">Cichorii intybi radix</a>
<b>F</b>	<a href="#">Foenugraeci semen</a>
<b>G</b>	<a href="#">Gentianae radix</a>
<b>H</b>	<a href="#">Harpagophyti radix</a>
<b>L</b>	<a href="#">Lichen islandicus</a>
<b>M</b>	<a href="#">Marrubii herba</a> , <a href="#">Millefolii flos</a> , <a href="#">Millefolii herba</a>
<b>T</b>	<a href="#">Taraxacum radix cum herba</a>

### MENTAL STRESS AND MOOD DISORDERS

<b>A</b>	<a href="#">Avenae herba</a>
<b>E</b>	<a href="#">Eschscholziae herba</a>
<b>H</b>	Hyperici herba <a href="#">TU</a> <a href="#">WEU</a>
<b>L</b>	<a href="#">Lavandulae aetheroleum</a> , <a href="#">Lavandulae flos</a> , <a href="#">Leonuri cardiaca herba</a> , <a href="#">Lupuli flos</a>
<b>M</b>	<a href="#">Melissae folium</a>
<b>P</b>	<a href="#">Passiflorae herba</a>
<b>R</b>	<a href="#">Rhodiolae roseae rhizoma et radix</a>
<b>T</b>	<a href="#">Tiliae flos</a>
<b>V</b>	Valerianae radix <a href="#">TU</a> <a href="#">WEU</a> , <a href="#">Valerianae radix and Lupuli flos</a>

## MOUTH AND THROAT DISORDERS

<b>A</b>	<a href="#">Agrimoniae herba</a> , <a href="#">Althaeae radix</a>
<b>C</b>	<a href="#">Calendula officinalis flos</a> , <a href="#">Caryophylli aetheroleum</a>
<b>H</b>	<a href="#">Hamamelidis cortex</a> , <a href="#">Hamamelidis folium</a>
<b>L</b>	<a href="#">Lichen islandicus</a>
<b>M</b>	<a href="#">Matricariae flos</a> , <a href="#">Melaleucaae alternifoliae aetheroleum</a> , <a href="#">Myrrha</a> , <a href="#">Myrtilli fructus siccus</a>
<b>P</b>	<a href="#">Plantaginis lanceolatae folium</a> , <a href="#">Polygoni aviculare herba</a>
<b>R</b>	<a href="#">Rosae flos</a> , <a href="#">Rubi idaei folium</a>
<b>S</b>	<a href="#">Salviae officinalis folium</a> , <a href="#">Sisymbrii officinalis herba</a>

## PAIN AND INFLAMMATION

<b>C</b>	<a href="#">Capsici fructus</a>
<b>E</b>	<a href="#">Eucalypti aetheroleum</a>
<b>F</b>	<a href="#">Filipendulae ulmariae flos</a> , <a href="#">Filipendulae ulmariae herba</a> , <a href="#">Fraxini folium</a>
<b>H</b>	<a href="#">Harpagophyti radix</a>
<b>J</b>	<a href="#">Juniperi aetheroleum</a>
<b>M</b>	<a href="#">Meliloti herba</a> , <a href="#">Menthae piperitae aetheroleum</a> <a href="#">TU</a> <a href="#">WEU</a>
<b>Q</b>	<a href="#">Quercus cortex</a>
<b>R</b>	<a href="#">Ribis nigri folium</a> , <a href="#">Symphyti radix</a>
<b>S</b>	<a href="#">Salicis cortex</a> <a href="#">TU</a> <a href="#">WEU</a>
<b>T</b>	<a href="#">Tanacetii parthenii herba</a> , <a href="#">Tormentillae rhizoma</a>
<b>U</b>	<a href="#">Urticae herba</a> , <a href="#">Urticae folium</a>

SKIN DISORDERS AND MINOR WOUNDS	
A	<a href="#">Agrimoniae herba</a> , <a href="#">Arctii radix</a> , <a href="#">Arnicae flos</a> , <a href="#">Avenae fructus</a>
C	<a href="#">Calendula officinalis flos</a>
E	<a href="#">Echinaceae purpureae herba</a>
F	<a href="#">Foenugraeci semen</a>
H	<a href="#">Hamamelidis cortex</a> , <a href="#">Hamamelidis folium</a> , <a href="#">Hamamelidis folium et cortex aut ramunculus destillatum</a> , <a href="#">Hyperici herba</a>
J	<a href="#">Juglandis folium</a>
M	<a href="#">Matricariae flos</a> , <a href="#">Melaleucaae alternifoliae aetheroleum</a> , <a href="#">Menthae piperitae aetheroleum</a> , <a href="#">Millefolii flos</a> , <a href="#">Millefolii herba</a> , <a href="#">Myrrha</a>
O	<a href="#">Oenotherae biennis oleum</a> , <a href="#">Origani dictamni herba</a> , <a href="#">Origani majorana herba</a>
R	<a href="#">Rosae flos</a>
S	<a href="#">Salviae officinalis folium</a> , <a href="#">Soiae oleum raffinatum</a>
U	<a href="#">Urticae herba</a>
V	<a href="#">Violae herba cum flore</a>

SLEEP DISORDERS AND TEMPORARY INSOMNIA	
A	<a href="#">Avenae herba</a>
C	<a href="#">Crataegi folium cum flore</a>
E	<a href="#">Eschscholziae herba</a>
L	<a href="#">Lavandulae aetheroleum</a> , <a href="#">Lavandulae flos</a> , <a href="#">Lupuli flos</a>
M	<a href="#">Melissae folium</a>
P	<a href="#">Passiflorae herba</a>
R	<a href="#">Rhodiolae roseae rhizoma et radix</a>
V	Valerianae radix <a href="#">TU WEU</a> , Valerianae radix and Lupuli flos <a href="#">TU WEU</a>

## URINARY TRACT AND GENITAL DISORDERS

<b>A</b>	Agni casti fructus <a href="#">TU WEU</a> , <a href="#">Agropyri repentis rhizome</a> , <a href="#">Arctii radix</a>
<b>B</b>	<a href="#">Betulae folium</a> , <a href="#">Bursae pastoris herba</a>
<b>C</b>	<a href="#">Cimicifugae racemosae rhizome</a>
<b>E</b>	<a href="#">Equiseti herba</a> , <a href="#">Epilobii herba</a>
<b>F</b>	<a href="#">Foeniculi amari fructus</a> , <a href="#">Foeniculi dulcis fructus</a> , <a href="#">Fraxini folium</a>
<b>J</b>	<a href="#">Juniperi aetheroleum</a> , <a href="#">Juniperi pseudo-fructus</a>
<b>M</b>	<a href="#">Mate folium</a> , <a href="#">Millefolii flos</a> , <a href="#">Millefolii herba</a>
<b>O</b>	<a href="#">Oleae folium</a> , <a href="#">Ononidis radix</a> , <a href="#">Orthosiphoni staminei folium</a>
<b>P</b>	<a href="#">Phaseoli fructus sine semine</a> , <a href="#">Pilosellae herba cum radice</a> , <a href="#">Polygoni aviculare herba</a> , <a href="#">Pruni cortex</a>
<b>R</b>	<a href="#">Ribis nigri folium</a> , <a href="#">Rubi idaei folium</a>
<b>S</b>	<a href="#">Sabalıs serrulatae fructus</a> , <a href="#">Solidaginis virgaureae herba</a> , <a href="#">Species diureticae</a>
<b>T</b>	<a href="#">Taraxaci folium</a> , <a href="#">Taraxaci radix cum herba</a>
<b>U</b>	<a href="#">Urticae herba</a> , <a href="#">Urticae folium</a> , <a href="#">Uvae ursi folium</a>

## Well-established use herbal medicinal products

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
<b>Agni casti fructus</b>  <a href="#">Monograph</a>  <a href="#">Assessment report</a>	Urinary tract and genital disorders	For the treatment of premenstrual syndrome.	<b>Herbal preparation</b>  Dry extract (DER 6-12:1) , extraction solvent: ethanol 60% m/m	Herbal preparation in solid dosage form for oral use.	Adults	Pubertal children and adolescents: the use is not recommended due to lack of adequate data.
<b>Aloe</b>  <a href="#">Monograph</a>  <a href="#">Assessment report</a>	Constipation	For short-term use in cases of occasional constipation.	<b>Herbal preparation</b>  Dry extract (DER 1-3:1), extraction solvent: water, standardised to contain 28.6 -36.6% hydroxyanthracene derivatives, calculated as aloin (photometric method)	Standardised herbal preparations in liquid or solid dosage forms for oral use.	Adolescents Adults	The use is contraindicated.
<b>Capsici fructus</b>  <a href="#">Monograph</a>  <a href="#">Assessment report</a>	Pain and inflammation	For the relief of muscle pain such as low back pain.	<b>Herbal preparations</b>  -Soft extract (DER 4-7:1), standardised to 2.0–2.78% total capsaicinoids, extraction solvent ethanol 80% (V/V)  -Soft extract (DER 1.5–2.5:1), extraction solvent ethanol 96% (V/V)  -Soft extract (DER 11-30:1), extraction solvent propan-2-ol	Herbal preparation in a medicated plaster or in semi-solid dosage forms for cutaneous use.	Adults	The use is not recommended due to lack of adequate data.
<b>Cimicifugae racemosae rhizoma</b>  <a href="#">Monograph</a>  <a href="#">Assessment report</a>	Urinary tract and genital disorders	For the relief of menopausal complaints (such as hot flushes and profuse sweating).	<b>Herbal preparations</b>  -Dry extract (DER 5-10:1), extraction solvent ethanol 58% (V/V) -Dry extract (DER 4.5-8.5:1), extraction solvent ethanol 60% (V/V) -Dry extract (DER 6-11:1), extraction solvent propan-2-ol 40% (V/V)	Herbal preparation in solid dosage forms for oral use.	Female adults in the menopause	The indication is not relevant to children and adolescents.

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<b>Echinaceae purpureae herba</b>  <a href="#">Monograph</a>  <a href="#">Assessment report</a>	Cough and cold	For the short-term prevention and treatment of common cold.	<b>Herbal preparations</b> - expressed juice (1.5-2.5:1) - dried juice corresponding to the expressed juice above	Herbal preparations in solid or liquid dosage forms for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
<b>Frangulae cortex</b>  <a href="#">Monograph</a>  <a href="#">Assessment report</a>	Constipation	For short-term use in cases of occasional constipation.	<b>Herbal substance</b> Dried, whole or fragmented bark of the stems and branches, standardised  <b>Herbal preparation</b> Standardised herbal preparations thereof	Solid or liquid dosage forms for oral use.	Adolescents Adults	The use is contraindicated.
<b>Ginkgo folium</b>  <a href="#">Monograph</a>  <a href="#">Assessment report</a>	Circulatory disorders	For the improvement of (age-associated) cognitive impairment and of quality of life in mild dementia.	<b>Herbal preparation</b> Dry extract (DER 35-67:1), extraction solvent: acetone 60% m/m <sup>3</sup>	Herbal preparations in solid or liquid dosage forms for oral use.	Adults	The indication is not relevant to children and adolescents.
<b>Hederae heliis folium</b>  <a href="#">Monograph</a>  <a href="#">Assessment report</a>	Cough and cold	Used as an expectorant in case of productive cough.	<b>Herbal preparations</b> a) Dry extract (DER 4-8:1), extraction solvent ethanol 24-30% m/m b) Dry extract (DER 6-7:1), extraction solvent ethanol 40% m/m c) Dry extract (DER 3-6:1), extraction solvent ethanol 60% m/m d) Liquid extract (DER 1:1), extraction solvent ethanol 70% V/V e) Soft extract (DER 2.2-2.9:1), extraction solvent ethanol 50% V/V: propylene glycol (98:2)	Herbal preparations in solid or liquid dosage forms for oral use.	Children older than 2 years Adolescents Adults Elderly	Children under 2 years: the use is contraindicated.
<b>Hippocastani semen</b>  <a href="#">Monograph</a>  <a href="#">Assessment report</a>	Circulatory disorders	For treatment of chronic venous insufficiency.	<b>Herbal preparations</b> -Dry extracts (40-80% (V/V) ethanol) standardised to contain 16-28% triterpene glycosides, calculated as aescin (photometric method) -Extract (standardised to a content of 50 mg triterpene glycosides calculated as aescin)	Herbal preparations in modified or immediate release dosage forms for oral use.	Adults	The indication is not relevant to children and adolescents.

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<b>Hyperici herba</b>  <a href="#">Monograph</a>  <a href="#">Assessment report</a>	Mental stress and mood disorders	For the treatment of mild to moderate depressive episodes (according to ICD-10).	<b>Herbal preparations</b> -Dry extract (DER 3-7:1), extraction solvent methanol (80% (V/V)) -Dry extract (DER 3-6:1), extraction solvent ethanol (80% (V/V))	Herbal preparation in solid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.
<b>Hyperici herba</b>  <a href="#">Monograph</a>  <a href="#">Assessment report</a>	Mental stress and mood disorders	For the short term treatment of symptoms in mild depressive disorders.	<b>Herbal preparation</b> Dry extract (DER 2.5-8:1), extraction solvent ethanol (50-68% (V/V))	Herbal preparation in solid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.
<b>Lini semen</b>  <a href="#">Monograph</a>  <a href="#">Assessment report</a>	Constipation	For the treatment of habitual constipation or in conditions in which easy defaecation with soft stool is desirable.	<b>Herbal substance</b> As defined in the Ph. Eur. Monograph	Herbal substance for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
<b>Menthae piperitae aetheroleum</b>  <a href="#">Monograph</a>  <a href="#">Assessment report</a>	Gastro intestinal disorders	For the symptomatic relief of minor spasms of the gastrointestinal tract, flatulence and abdominal pain, especially in patients with irritable bowel syndrome.	<b>Herbal preparation</b> Essential oil obtained by steam distillation from the fresh aerial parts of the flowering plant	Gastro-resistant capsules for oral use.	Children older than 8 years Adolescents Adults	The use is not recommended due to lack of adequate experience.
<b>Menthae piperitae aetheroleum</b>  <a href="#">Monograph</a>  <a href="#">Assessment report</a>	Pain and inflammation	For the symptomatic relief of mild tension type headache.	<b>Herbal preparation</b> Essential oil obtained by steam distillation from the fresh aerial parts of the flowering plant	Liquid or semi-solid preparation for cutaneous use.	Adults	The use is not recommended due to lack of adequate experience.

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<b>Plantaginis ovatae semen</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Constipation	For the treatment of habitual constipation.	<b>Herbal substance</b> Dried ripe seeds  <b>Herbal preparation</b> Powdered herbal substance	Solid dosage forms such as granules or powders for oral use.	Children older than 6 years Adolescents Adults	The use is not recommended due to lack of adequate data.
<b>Plantaginis ovatae semen</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Constipation	In conditions in which easy defaecation with soft stools is desirable, e.g. in cases of painful defaecation after rectal or anal surgery, anal fissures or haemorrhoids.	<b>Herbal substance</b> Dried ripe seeds  <b>Herbal preparation</b> Powdered herbal substance	In solid dosage forms such as granules or powders for oral use.	Children older than 6 years Adolescents Adults	The use is not recommended due to lack of adequate data.
<b>Plantaginis ovatae seminis tegumentum</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Constipation	For the treatment of habitual constipation.	<b>Herbal substance</b> Episperm and collapsed adjacent layers removed from the seeds  <b>Herbal preparation</b> Powdered herbal substance	Solid dosage forms such as granules or powders for oral use.	Children older than 6 years Adolescents Adults	The use is not recommended due to lack of adequate data.
<b>Plantaginis ovatae seminis tegumentum</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Constipation	In conditions in which easy defaecation with soft stool is desirable, e.g. in cases of painful defaecation after rectal or anal surgery, anal fissures and haemorrhoids.	<b>Herbal substance</b> Episperm and collapsed adjacent layers removed from the seeds  <b>Herbal preparation</b> Powdered herbal substance	In solid dosage forms such as granules or powders for oral use.	Children older than 6 years Adolescents Adults	The use is not recommended due to lack of adequate data.
<b>Plantaginis ovatae seminis tegumentum</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Constipation	In patients to whom an increased daily fibre intake may be advisable e.g. as an adjuvant in constipation predominant irritable bowel syndrome, as an adjuvant to diet in hypercholesterolemia.	<b>Herbal substance</b> Episperm and collapsed adjacent layers removed from the seeds  <b>Herbal preparation</b> Powdered herbal substance	Solid dosage forms such as granules or powders for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data.

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<b>Psyllii semen</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Constipation	For the treatment of habitual constipation.	<b>Herbal substance</b> Ripe, whole, dry seeds  <b>Herbal preparation</b> Powdered herbal substance	In solid dosage forms such as granules or powders for oral use.	Children older than 6 years Adolescents Adults	The use is not recommended due to lack of adequate data
<b>Psyllii semen</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Constipation	In conditions in which easy defaecation with soft stool is desirable, e.g. in cases of painful defaecation after rectal or anal surgery, anal fissures or haemorrhoids.	<b>Herbal substance</b> Ripe, whole, dry seeds  <b>Herbal preparation</b> Powdered herbal substance	Solid dosage forms such as granules or powders for oral use.	Children older than 6 years Adolescents Adults	The use is not recommended due to lack of adequate data.
<b>Rhamni purshianae cortex</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Constipation	For short-term use in cases of occasional constipation.	<b>Herbal substance</b> Dried, whole or fragmented bark, standardised  <b>Herbal preparation</b> Standardised herbal preparations thereof	Solid or liquid dosage forms for oral use.	Adolescents Adults	The use is contraindicated.
<b>Rhei radix</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Constipation	For short-term use in cases of occasional constipation.	<b>Herbal substance</b> Whole or cut, dried underground parts, standardised  <b>Herbal preparation</b> Standardised herbal preparations thereof	Solid or liquid dosage forms for oral use.	Adolescents Adults	The use is contraindicated.
<b>Ricini oleum</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Constipation	Laxative for short term use in cases of occasional constipation.	<b>Herbal preparation</b> Fatty oil obtained from seeds of Ricinus communis L. by cold expression	Liquid or solid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data
<b>Salicis cortex</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Pain and inflammation	For the short-term treatment of low back pain.	<b>Herbal preparation</b> Dry extract (8-14:1) extraction solvent ethanol 70% (V/V), 15% total salicin	Quantified herbal preparation in solid dosage form.	Adults	The use is contraindicated due to the risk of Reye's syndrome.

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<b>Sennae folium</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Constipation	For short-term use in cases of occasional constipation.	<b>Herbal substance</b> Dried leaflets, standardised  <b>Herbal preparation</b> Standardised herbal preparations thereof	Solid or liquid dosage forms for oral use.	Adolescents Adults	The use is contraindicated.
<b>Sennae fructus</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Constipation	For short-term use in cases of occasional constipation.	<b>Herbal substance</b> Dried fruits, standardised  <b>Herbal preparation</b> Standardised herbal preparations thereof	Solid or liquid dosage forms for oral use.	Adolescents Adults	The use is contraindicated.
<b>Thymi herba and Primulae radix</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Cough and cold	Used as an expectorant in case of productive cough.	<b>Herbal preparations</b> a) Liquid extract from Thyme (DER 1:2-2.5), extraction solvent ammonia solution 10% m/m: glycerol 85% m/m: ethanol 90% V/V: water (1:20:70:109) and tincture from Primula root (ratio of herbal substance to extraction solvent 1:5), extraction solvent ethanol 50% V/V b) Liquid extract from Thyme (DER 1:2-2.5), extraction solvent ammonia solution 10% m/m: glycerol 85% m/m: ethanol 90% V/V: water (1:20:70:109) and liquid extract from Primula root (DER 1:2-2.5), extraction solvent ethanol 70% m/m c) Dry extract from Thyme (DER 6-10:1), extraction solvent ethanol 70% V/V and dry extract from Primula root (DER 6-7:1), extraction solvent ethanol 47.4% V/V	Herbal preparations in liquid or solid dosage forms for oral use.	Adults	The use is not recommended due to lack of efficacy data
<b>Valerianae radix</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Mental stress and mood disorders	Relief of mild nervous tension.	<b>Herbal preparations</b> Dry extract (DER 3-7.s4:1), extraction solvent: ethanol 40-70% (V/V)	Solid dosage forms for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
<b>Valerianae radix</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Sleep disorders and temporary insomnia	Sleep disorders.	<b>Herbal preparations</b> Dry extract (DER 3-7.s4:1), extraction solvent: ethanol 40-70% (V/V)	Solid dosage forms for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data.

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<b>Valerianae radix and Lupuli flos</b>  <a href="#">Monograph</a>  <a href="#">Assessment report</a>	Sleep disorders and temporary insomnia	For the relief of sleep disorders.	<b>Herbal preparations used in fixed combinations of</b> -Dry extracts of valerian root (DER 4-8:1, methanol 45-51% m/m) and hop strobiles (DER 3-10:1, methanol 40-51% m/m) -Dry extracts of valerian root (DER 4-7:1, ethanol 70% (V/V)) and hop strobiles (DER 4-8:1, methanol 40% (V/V))	Solid or liquid dosage forms for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
<b>Vitis viniferae folium</b>  <a href="#">Monograph</a>  <a href="#">Assessment report</a>	Circulatory disorders	For treatment of chronic venous insufficiency, which is characterised by swollen legs, varicose veins, a feeling of heaviness, pain, tiredness, itching, tension and cramps in the calves.	<b>Herbal preparation</b> Dry extract (DER 4-6:1); extraction solvent water	Herbal preparation in solid dosage forms for oral use.	Adults	The indication is not relevant to children and adolescents.
<b>Zingiberis rhizoma</b>  <a href="#">Monograph</a>  <a href="#">Assessment report</a>	Gastro-intestinal disorders	For the prevention of nausea and vomiting in motion sickness.	<b>Herbal preparation</b> Powdered herbal substance	Herbal preparations in solid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.

## Traditional use herbal medicinal products

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
<b>Absinthii herba</b>  <a href="#">Monograph</a>  <a href="#">Assessment report</a>	Loss of appetite	For temporary loss of appetite.	<b>Herbal preparations</b> -Comminuted herbal substance -Expressed juice from the fresh herb (1:0.5-0.9) -Tincture (1:5, ethanol 70% (V/V))	Comminuted herbal substance as herbal tea for oral use. Herbal preparations in liquid or solid dosage forms for oral use	Adults	The use is not recommended due to lack of adequate data.
<b>Absinthii herba</b>  <a href="#">Monograph</a>  <a href="#">Assessment report</a>	Gastro-intestinal disorders	For mild dyspeptic/gastrointestinal disorders.	<b>Herbal preparations</b> -Comminuted herbal substance -Powdered herbal substance -Expressed juice from the fresh herb (1:0.5-0.9) -Tincture (1:5, ethanol 70% (V/V))	Comminuted herbal substance as herbal tea for oral use. Herbal preparations in liquid or solid dosage forms for oral use	Adults	The use is not recommended due to lack of adequate data.
<b>Agni casti fructus</b>  <a href="#">Monograph</a>  <a href="#">Assessment report</a>	Urinary tract and genital disorders	For the relief of minor symptoms in the days before menstruation (premenstrual syndrome).	<b>Herbal preparations</b> -Powdered herbal substance -Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent: ethanol 58-60% (V/V) -Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent: ethanol 70% (V/V) (manufacture under addition of calcium carbonate) -Dry extract (DER 7-13:1), extraction solvent: ethanol 60% m/m. -Dry extract (DER 10.0-18.5:1), extraction solvent: ethanol 50-52% m/m	Herbal preparation in solid or liquid dosage forms for oral use.	Adults	Prepubertal children: the indication is not relevant to this age category. Pubertal children and adolescents: the use is not recommended due to lack of adequate data.
<b>Agrimoniae herba</b>  <a href="#">Monograph</a>  <a href="#">Assessment report</a>	Gastro-intestinal disorders	For symptomatic treatment of mild diarrhoea.	<b>Herbal preparations</b> a) Comminuted herbal substance b) Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent ethanol 45% (V/V) c) Liquid extract (DER 1:1), extraction solvent ethanol 25% (V/V)	Comminuted herbal substance as herbal tea for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data.

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<b>Agrimoniae herba</b>  <a href="#">Monograph</a>  <a href="#">Assessment report</a>	Mouth and throat disorders	For the symptomatic relief of minor inflammations of the mouth and throat.	<b>Herbal preparations</b> a) Comminuted herbal substance b) Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent ethanol 45% (V/V) c) Liquid extract (DER 1:1), extraction solvent ethanol 25% (V/V)	Comminuted herbal substance for infusion preparation or decoction preparation for oromucosal use. Herbal preparations in liquid dosage forms for oral use or oromucosal use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
<b>Agrimoniae herba</b>  <a href="#">Monograph</a>  <a href="#">Assessment report</a>	Skin disorders & minor wounds	For the relief of minor skin inflammation and small, superficial wounds.	<b>Herbal preparations</b> a) Comminuted herbal substance b) Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent ethanol 45% (V/V) c) Liquid extract (DER 1:1), extraction solvent ethanol 25% (V/V)	Comminuted herbal substance for infusion preparation or decoction preparation for cutaneous use or use as bath additive.	Adolescents Adults	The use is not recommended due to lack of adequate data.
<b>Agropyri repentis rhizoma</b>  <a href="#">Monograph</a>  <a href="#">Assessment report</a>	Urinary tract and genital disorders	Used to increase the amount of urine to achieve flushing of the urinary tract as an adjuvant in minor urinary complaints.	<b>Herbal preparations</b> -Comminuted herbal substance -Liquid extract (DER 1: 1), extraction solvent ethanol 20-25% (V/V) -Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent ethanol 40% (V/V)	Comminuted herbal substance as herbal tea for oral use.  Herbal preparations in liquid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.
<b>Althaeae radix</b>  <a href="#">Monograph</a>  <a href="#">Assessment report</a>	Mouth and throat disorders	Used as a demulcent preparation for the symptomatic treatment of oral or pharyngeal irritation and associated dry cough.	<b>Herbal preparations</b> A-Comminuted herbal substance B-Liquid extract (DER1: 19.5–23.5), extraction solvent water C- Macerate for preparation of syrup D-Dry extract (DER 3–9:1), extraction solvent water E- Liquid extract (DER 1: 1), extraction solvent ethanol 25% V/V	Comminuted herbal substance as herbal tea for oral use.  Comminuted herbal substance for macerate preparation for oromucosal use.  Herbal preparations in liquid or solid dosage forms for oral or oromucosal use.	Preparations A,B,C,E: Children older than 3 years Adolescents Adults  Preparation D: Children older than 6 years Adolescents Adults	The use is not recommended because medical advice should be sought.  The use is not recommended because of solid dosage form (preparation d).

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<b>Althaeae radix</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Gastro-intestinal disorders	Used as a demulcent preparation for the symptomatic relief of mild gastrointestinal discomfort.	<b>Herbal preparation</b> A-Comminuted herbal substance  E-Liquid extract (DER 1:1), extraction solvent ethanol 25% V/V	Comminuted herbal substance as herbal tea for oral use.  Herbal preparations in liquid dosage form for oral use	Adolescents Adults	The use is not recommended due to lack of adequate data.
<b>Anisi aetheroleum</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Gastro-intestinal disorders	For symptomatic treatment of mild, spasmodic gastro-intestinal complaints including bloating and flatulence.	<b>Herbal preparation</b> Pimpinella anisum L., aetheroleum (anise oil)	Solid or liquid dosage forms for oral use.	Adults	The use is contraindicated due to lack of adequate data and the presence of estragole.
<b>Anisi aetheroleum</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Cough and cold	Used as an expectorant in cough associated with cold.	<b>Herbal preparation</b> Pimpinella anisum L., aetheroleum (anise oil)	Solid or liquid dosage forms for oral use.	Adults	The use is contraindicated due to lack of adequate data and the presence of estragole.
<b>Anisi fructus</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Gastro-intestinal disorders	For symptomatic treatment of mild, spasmodic gastro-intestinal complaints including bloating and flatulence.	<b>Herbal substance</b> Dried aniseed  <b>Herbal preparation</b> Dried aniseed, comminuted or crushed	Herbal tea for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
<b>Anisi fructus</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Cough and cold	Used as an expectorant in cough associated with cold.	<b>Herbal substance</b> Dried aniseed  <b>Herbal preparation</b> Dried aniseed, comminuted or crushed	Herbal tea for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data.

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<b>Arctii radix</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Urinary tract and genital disorders	Used to increase the amount of urine to achieve flushing of the urinary tract as an adjuvant in minor urinary tract complaints.	<b>Herbal preparations</b> -Comminuted herbal substance as an infusion -Powdered herbal substance -Liquid extract (DER 1:1), extraction solvent ethanol 25% (V/V) -Soft extract , extraction solvent water. -Tincture (ratio of herbal substance to extraction solvent 1:10), extraction solvent ethanol 45% (V/V) -Tincture (ratio of herbal substance to extraction solvent 1:5) extraction solvent ethanol 25% (V/V)	Comminuted herbal substance as herbal tea for oral use. Herbal preparations in solid or liquid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.
<b>Arctii radix</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Loss of appetite	Used in temporary loss of appetite.	<b>Herbal preparations</b> -Comminuted herbal substance as an infusion -Powdered herbal substance -Liquid extract (DER 1:1), extraction solvent ethanol 25% (V/V) -Soft extract, extraction solvent water -Tincture (ratio of herbal substance to extraction solvent 1:10), extraction solvent ethanol 45% (V/V) -Tincture (ratio of herbal substance to extraction solvent 1:5) extraction solvent ethanol 25% (V/V)	Comminuted herbal substance as herbal tea for oral use. Herbal preparations in solid or liquid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.
<b>Arctii radix</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Skin disorders and minor wounds	Used in treatment of seborrhoeic skin conditions.	<b>Herbal preparations</b> -Comminuted herbal substance as an infusion -Powdered herbal substance -Liquid extract (DER 1:1), extraction solvent ethanol 25% (V/V) -Soft extract, extraction solvent water. -Tincture (ratio of herbal substance to extraction solvent 1:10), extraction solvent ethanol 45% (V/V) -Tincture (ratio of herbal substance to extraction solvent 1:5) extraction solvent ethanol 25% (V/V)	Comminuted herbal substance as herbal tea for oral use. Herbal preparations in solid or liquid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.
<b>Arnicae flos</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Skin disorders and minor wounds	For the relief of bruises, sprains and localised muscular pain.	<b>Herbal preparations</b> -Tincture (DER 1:10), extraction solvent: ethanol 70% (v/v) -Tincture (DER 1:10), extraction solvent: ethanol 60% (v/v) -Tincture (DER 1:5), extraction solvent: ethanol 60% (v/v) -Liquid extract of fresh flowers (DER 1:20), extraction solvent: ethanol 50% (m/m)	Herbal preparations in semi-solid and liquid dosage forms for cutaneous use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
<b>Avenae fructus</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Skin disorders and minor wounds	For the symptomatic treatment of minor inflammations of the skin (such as sunburn) and as an aid in healing of minor wounds.	<b>Herbal preparation</b> Dried fruits comminuted to oat flour 'Colloidal oatmeal'	Dried fruits comminuted to oat flour. 'Colloidal oatmeal' for cutaneous use.	Infants, Children, Adolescents, Adults	

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
<b>Avenae herba</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Mental stress and mood disorders	For relief of mild symptoms of mental stress to aid sleep.	<b>Herbal preparations</b> -Comminuted herbal substance -Expressed juice from the fresh herb (1:0.64-0.80) -Liquid extract (1:4-6; ethanol 15-50% (V/V)) -Liquid extract (1:4-6; water) -Corresponding dry extracts	Solid or liquid dosage form or as herbal tea for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
<b>Avenae herba</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Sleep disorders and temporary insomnia	To aid sleep.	<b>Herbal preparations</b> -Comminuted herbal substance -Expressed juice from the fresh herb (1:0.64-0.80) -Liquid extract (1:4-6; ethanol 15-50% (V/V)) -Liquid extract (1:4-6; water) <b>Corresponding dry extracts</b>	Solid or liquid dosage form or as herbal tea for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
<b>Betulae folium</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Urinary tract and genital disorders	Used to increase the amount of urine to achieve flushing of the urinary tract as an adjuvant in minor urinary complaints.	<b>Herbal preparations</b> a) Comminuted herbal substance b) Powdered herbal substance c) Dry extract (DER 3-8:1), extraction solvent water d) Liquid extract prepared from fresh leaves (DER 1:2-2.4), extraction solvent water e) Liquid extract prepared from fresh leaves stabilised by 96% ethanol vapours (DER 1:1), extraction solvent ethanol 50- 60% (V/V)	Comminuted herbal substance as herbal tea for oral use. Herbal preparations in solid or liquid dosage forms for oral use	Adolescents Adults	The use is not recommended due to lack of adequate experience.
<b>Boldi folium</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Gastro-intestinal disorders	For symptomatic relief of dyspepsia and mild spasmodic disorders of the gastrointestinal tract.	<b>Herbal preparations</b> -Comminuted herbal substance - Dry extract (DER 5:1), extraction solvent water	Comminuted herbal substance as herbal tea for oral use.  Herbal preparation in solid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data and because of concerns requiring medical advice.
<b>Bursae pastoris herba</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Urinary tract and genital disorders	For the reduction of heavy menstrual bleeding in women with regular menstrual cycles, after serious conditions have been excluded by a medical doctor.	<b>Herbal preparations</b> -Comminuted herbal substance -Liquid extract (DER 1:1), extraction solvent ethanol 25% (V/V)	Comminuted herbal substance as herbal tea for oral use. Herbal preparations in liquid dosage forms for oral use.	Adults	Prepubertal children: the indication is not relevant to this age category. Pubertal children and adolescents: the use is not recommended due to lack of adequate data and because medical advice should be sought.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
<b>Calendula officinalis flos</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Skin disorders and minor wounds	For the symptomatic treatment of minor inflammations of the skin (such as sunburn) and as an aid in healing of minor wounds.	<b>Herbal substance</b> Whole or cut, dried, fully opened flowers, which have been detached from the receptacle, of the cultivated, double-flowered varieties.  <b>Herbal preparations</b> -Liquid extract (1:1), extraction solvent ethanol 40-50% (V/V) -Liquid extract (1:1.8-2.2), extraction solvent ethanol 40-50% (V/V) -Tincture (1:5), extraction solvent ethanol 70-90% (V/V) -Liquid extract (1:10), extraction solvent fatty vegetable oil e.g. olive oil -Ointment (1:5–1:25), extraction solvent hardened vegetable fat, petroleum jelly -Comminuted herbal substance	Liquid or semi-solid dosage forms for cutaneous use.	Children older than 6 years Adolescents Adults	The use is not recommended due to lack of adequate experience.
<b>Calendula officinalis flos</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Mouth and throat disorders	For the symptomatic treatment of minor inflammations in the mouth or the throat.	<b>Herbal substance</b> Whole or cut, dried, fully opened flowers, which have been detached from the receptacle, of the cultivated, double-flowered varieties.  <b>Herbal preparations</b> -Liquid extract (1:1), extraction solvent ethanol 40-50% (V/V) -Liquid extract (1:1.8-2.2), extraction solvent ethanol 40-50% (V/V) -Tincture (1:5), extraction solvent ethanol 70-90% (V/V) -Liquid extract (1:10), extraction solvent fatty vegetable oil e.g. olive oil -Ointment (1:5–1:25), extraction solvent hardened vegetable fat, petroleum jelly -Comminuted herbal substance	Liquid or semi-solid dosage forms for oromucosal use.	Adolescents Adults	The use is not recommended due to lack of adequate experience.
<b>Camelliae sinensis non fermentatum folium</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Fatigue and weakness	For relief of fatigue and sensation of weakness	<b>Herbal substance</b> Whole dried leaf  <b>Herbal preparations</b> -Comminuted herbal substance -Powdered herbal substance	Herbal substance or comminuted herbal substance as herbal tea for oral use. Herbal preparations in solid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
<b>Carvi aetheroleum</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Gastro-intestinal disorders	For the symptomatic relief of digestive disorders such as bloating and flatulence.	<b>Herbal preparations</b> Essential oil	Herbal preparation in liquid dosage forms for oral use. Herbal preparation in semi-solid dosage forms for cutaneous use.	Oral use: Adults  Cutaneous use: Infants, Children, Adolescents Adults	The use is not recommended due to lack of adequate data.
<b>Carvi fructus</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Gastro-intestinal disorders	For the symptomatic relief of digestive disorders such as bloating and flatulence.	<b>i) Herbal substance</b> As defined in the Ph. Eur. monograph.  <b>ii) Herbal preparations</b> Comminuted herbal substance	Herbal substance or comminuted herbal substance as herbal tea for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
<b>Caryophylli floris aetheroleum</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Mouth and throat disorders	For the symptomatic treatment of minor inflammations in the mouth or the throat.	<b>Herbal preparation</b> Essential oil obtained by steam distillation from the dried flower buds of <i>Syzygium aromaticum</i> (L.) Merrill et L. M. Perry	Herbal preparations in liquid dosage forms for dental and oromucosal use.	Adults	The use is not recommended due to lack of adequate data.
<b>Caryophylli floris aetheroleum</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Mouth and throat disorders	For the temporary relief of toothache due to a dental cavity.	<b>Herbal preparation</b> Essential oil obtained by steam distillation from the dried flower buds of <i>Syzygium aromaticum</i> (L.) Merrill et L. M. Perry	Herbal preparations in liquid dosage forms for dental and oromucosal use.	Adults	The use is not recommended due to lack of adequate data.
<b>Centaurii herba</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Gastro-intestinal disorders	Used in mild dyspeptic/gastrointestinal disorders.	<b>Herbal preparations</b> -Comminuted herbal substance -Powdered herbal substance -Liquid extract (1:1; ethanol 25% (V/V)) -Tincture (1:5; ethanol 70% (V/V)) -Soft extract (1:10; water)	Comminuted herbal substance as herbal tea for oral use. Herbal preparations in liquid or solid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
<b>Centaurii herba</b>  <a href="#">Monograph</a>  <a href="#">Assessment report</a>	Loss of appetite	Used in temporary loss of appetite.	<b>Herbal preparations</b> -Comminuted herbal substance -Powdered herbal substance -Liquid extract (1:1; ethanol 25% (V/V)) -Tincture (1:5; ethanol 70% (V/V)) -Soft extract (1:10; water)	Comminuted herbal substance as herbal tea for oral use. Herbal preparations in liquid or solid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.
<b>Chamomillae romanae flos</b>  <a href="#">Monograph</a>  <a href="#">Assessment report</a>	Gastro-intestinal disorders	For the symptomatic treatment of mild, spasmodic gastrointestinal complaints including bloating and flatulence.	<b>Herbal substance</b> As defined in the Ph. Eur. monograph  <b>Herbal preparations</b> -Comminuted herbal substance -Liquid extract (DER 1:1), extraction solvent ethanol 70% (V/V)	Herbal substance and comminuted herbal substance as herbal tea for oral use. Herbal preparations in liquid dosage forms for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
<b>Cichorii intybi radix</b>  <a href="#">Monograph</a>  <a href="#">Assessment report</a>	Gastro-intestinal disorders  Loss of appetite	For the relief of symptoms related to mild digestive disorders (such as feeling of abdominal fullness, flatulence and slow digestion) and temporary loss of appetite.	<b>Herbal preparations</b> Comminuted herbal substance.	Comminuted herbal substance as herbal tea for oral use.	Adolescents Adults Elderly	The use is not recommended due to lack of adequate data.
<b>Cinnamomi corticis aetheroleum</b>  <a href="#">Monograph</a>  <a href="#">Assessment report</a>	Gastro-intestinal disorders	For the symptomatic treatment of mild, spasmodic gastro-intestinal complaints including bloating and flatulence.	<b>Herbal preparations</b> Essential oil obtained by steam distillation from the cortex	Herbal preparation in liquid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.
<b>Cinnamomi cortex</b>  <a href="#">Monograph</a>  <a href="#">Assessment report</a>	Gastro-intestinal disorders	For the symptomatic treatment of mild, spasmodic gastro-intestinal complaints including bloating and flatulence.	<b>Herbal preparations</b> -Comminuted herbal substance -Liquid extract (DER 1:1), extraction solvent ethanol 70% (V/V) -Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent ethanol 70% (V/V)	Comminuted herbal substance as herbal tea for oral use. Herbal preparation in liquid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.

	<b>Therapeutic area</b>	<b>Indication</b>	<b>Herbal substances and/or preparations referred in the monograph</b>	<b>Dosage form and method of administration</b>	<b>Target population</b>	<b>Justification for limited use</b>
<b>Cinnamomi cortex</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Gastro-intestinal disorders	For the symptomatic treatment of mild diarrhoea.	<b>Herbal preparations</b> -Comminuted herbal substance -Liquid extract (DER 1:1), extraction solvent ethanol 70% (V/V) -Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent ethanol 70% (V/V)	Comminuted herbal substance as herbal tea for oral use Herbal preparation in liquid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.
<b>Colae semen</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Fatigue and weakness	For symptoms of temporary fatigue and sensation of weakness.	<b>Herbal preparations</b> -Powdered herbal substance -Liquid extract (DER 1:1), extraction solvent ethanol 60% (V/V) -Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent ethanol 60% (V/V)	Powdered herbal substance in solid dosage forms for oral use. Powdered herbal substance as herbal tea for oral use. Herbal preparations in liquid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.
<b>Crataegi folium cum flore</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Circulatory disorders	Used to relieve symptoms of temporary nervous cardiac complaints (e.g. palpitations, perceived extra heart beat due to mild anxiety) after serious conditions have been excluded by a medical doctor.	<b>Herbal preparations</b> a) Comminuted herbal substance b) Powdered herbal substance c) Dry extract (DER 4-7:1), extraction solvent: methanol 70% V/V d) Dry extract (DER 4-7.1:1), extraction solvent: ethanol 45-70% V/V3 e) Liquid extract (DER 1:0.9-1.1), extraction solvent: ethanol 45% V/V f) Liquid extract (DER 1:2), extraction solvent: ethanol 45% V/V g) Liquid extract (DER 1:19.2-20), extraction solvent: sweet wine h) Expressed juice from the fresh leaves and flowers (DER 1:0.63-0.9) i) Expressed juice from the fresh leaves and flowers (DER 1:0.9-1.1) j) Tincture (DER 1:3.5-4.5), extraction solvent: ethanol 35% V/V	Comminuted herbal substance as herbal tea for oral use.  Powdered herbal substance in solid dosage forms for oral use.  Herbal preparations e) to j) in liquid dosage forms for oral use.  Herbal preparations c), d) and k) in solid or liquid dosage forms for oral use.	Adults	The use is not recommended because of concerns requiring medical advice.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
<b>Crataegi folium cum flore</b>  <a href="#">Monograph</a>  <a href="#">Assessment report</a>	Sleep disorders	For relief of mild symptoms of mental stress and to aid sleep.	<b>Herbal preparations</b>  a) Comminuted herbal substance k) Dry extract (DER 4-5:1), extraction solvent: water	Comminuted herbal substance as herbal tea for oral use.  Herbal preparations k) in solid or liquid dosage forms for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
<b>Curcumae longae rhizoma</b>  <a href="#">Monograph</a>  <a href="#">Assessment report</a>	Gastro-intestinal disorders	Used to increase bile flow for the relief of symptoms of indigestion (such as sensation of fullness, flatulence, and slow digestion).	<b>Herbal preparations</b>  -Powdered herbal substance -Comminuted herbal substance -Tincture (Ratio of herbal substance to extraction solvent 1:10), extraction solvent ethanol 70% (V/V) -Dry extract (DER 13-25:1), extraction solvent ethanol 96% (V/V) -Dry extract (DER 5.5-6.5:1), extraction solvent ethanol 50% (V/V) -Tincture (Ratio of herbal substance to extraction solvent 1:5), extraction solvent ethanol 70% (V/V)	Comminuted herbal substance as herbal tea for oral use. Herbal preparations in liquid or solid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.
<b>Curcumae xanthorrhizae rhizoma</b>  <a href="#">Monograph</a>  <a href="#">Assessment report</a>	Gastro-intestinal disorders	For symptomatic treatment of digestive disturbances, such as feelings of fullness, slow digestion and flatulence.	<b>Herbal preparations</b>  -Comminuted herbal substance -Dry extract (DER 20-50:1), extraction Solvent ethanol 96% (v/v) -Dry extract (DER 9-12:1), extraction solvent acetone	Comminuted herbal substance as herbal tea for oral use. Herbal preparations in solid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.
<b>Cynarae folium</b>  <a href="#">Monograph</a>  <a href="#">Assessment report</a>	Gastro-intestinal disorders	For the symptomatic relief of digestive disorders such as dyspepsia with a sensation of fullness, bloating and flatulence.	<b>Herbal preparations</b>  -Comminuted dried leaves for herbal tea -Powdered leaves -Dry extract (DER 2.5-7.5:1), extraction solvent water -Dry extract of fresh leaves (DER 15-35:1), extraction solvent water -Soft extract of fresh leaves (DER 15-30:1), extraction solvent water -Soft extract (DER 2.5-3.5:1), extraction solvent ethanol 20% (V/V)	Comminuted herbal substance as herbal tea for oral use. Herbal preparations in solid or liquid dosage form for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
<b>Echinaceae angustifoliae radix</b>  <a href="#">Monograph</a> <a href="#">Assessment report</a>	Cough and cold	For supportive treatment of common cold.	<b>Herbal preparations</b> -Comminuted herbal substance -Powdered herbal substance -Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent: ethanol 45% (V/V) -Liquid extract (DER 1:1), extraction solvent: ethanol 45% (V/V)	Comminuted herbal substance as herbal tea for oral use. Solid or liquid dosage forms for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
<b>Echinaceae pallidiae radix</b>  <a href="#">Monograph</a> <a href="#">Assessment report</a>	Cough and cold	For supportive treatment of common cold.	<b>Herbal preparations</b> -Dry extract (4-8:1), extraction solvent: ethanol 50% (V/V) -Tincture (1:5), extraction solvent: ethanol 50% (V/V)	Solid or liquid dosage forms for oral use.	Adolescents Adults	The use is contraindicated.
<b>Echinaceae purpureae herba</b>  <a href="#">Monograph</a> <a href="#">Assessment report</a>	Skin disorders and minor wounds	For treatment of small superficial wounds.	<b>Herbal preparation</b> -Expressed juice -Dried expressed juice	Semi-solid or liquid dosage form for cutaneous use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
<b>Echinaceae purpureae radix</b>  <a href="#">Monograph</a> <a href="#">Assessment report</a>	Cough and cold	For the relief of symptoms of common cold.	<b>Herbal preparation</b> -Dry extract (DER 5.5-7.5:1), extraction solvent ethanol 45% (V/V)	Solid dosage form for oral and oromucosal use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
<b>Echinaceae purpureae radix</b>  <a href="#">Monograph</a> <a href="#">Assessment report</a>	Skin disorders and minor wounds	For the relief of spots and pimples due to mild acne	<b>Herbal preparation</b> -Dry extract (DER 4:1); extraction solvent water	Solid dosage form for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
<b>Eleutherococci radix</b>  <a href="#">Monograph</a>  <a href="#">Assessment report</a>	Fatigue and weakness	For symptoms of asthenia such as fatigue and weakness.	<b>Herbal preparations</b> -Comminuted herbal substance -Powdered herbal substance -Liquid extract (1:1, ethanol 30-40% (V/V)) -Dry extract (13-25:1, ethanol 28-40% (V/V)) -Dry extract (17-30:1, ethanol 70% (V/V)) -Dry aqueous extract (15-17:1) -Tincture (1:5, ethanol 40% (V/V)) -Liquid extract (1:11), extraction solvent sweet wine -Liquid extract (1:20), extraction solvent sweet wine	Comminuted herbal substance as herbal tea for oral use. Solid or liquid dosage forms for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
<b>Epilobii herba</b>  <a href="#">Monograph</a>  <a href="#">Assessment report</a>	Urinary tract and genital disorders	For the relief of lower urinary tract symptoms related to benign prostatic hyperplasia after serious conditions have been excluded by a medical doctor.	<b>Herbal preparation</b> -Comminuted herbal substance	Comminuted herbal substance as herbal tea for oral use.	Adults	The indication is not relevant to children and adolescents.
<b>Equiseti herba</b>  <a href="#">Monograph</a>  <a href="#">Assessment report</a>	Urinary tract and genital disorders	Used to increase the amount of urine to achieve flushing of the urinary tract as an adjuvant in minor urinary complaints.	<b>Herbal preparations</b> a)Comminuted herbal substance b)Expressed juice from fresh herbal substance (DER 1:1.6-2.0) c)Liquid extract from fresh herbal substance (DER 1:9), extraction solvent: water d)Dry extract (DER 4-7:1) extraction solvent: water e)Liquid extract (DER 1:5), extraction solvent: ethanol 96% (V/V) : water : sweet wine 16.5% (V/V) (16.5:13.5:70) (m/m) f)Liquid extract (DER 1:4.5-5.0) extraction solvent: sweet wine 16% (V/V):ethanol 96% (V/V) (91:9) (m/m) g)Liquid extract (DER 1:1) extraction solvent: 25% ethanol h)Liquid extract (DER 1:4-5), extraction solvent: ethanol 31.5% (V/V) i)Dry extract (DER 7.5-10.5:1) extraction solvent: ethanol 70% (V/V)	Comminuted herbal substance as herbal tea or in solid dosage forms for oral use. Herbal preparations in liquid or solid dosage forms for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
<b>Equiseti herba</b>  <a href="#">Monograph</a>  <a href="#">Assessment report</a>		For supportive treatment of superficial wounds.	<b>Herbal preparations</b> a)Comminuted herbal substance b)Expressed juice from fresh herbal substance (DER 1:1.6-2.0)	Comminuted herbal substance for infusion or decoction preparation for cutaneous use. Herbal preparations in liquid dosage forms for cutaneous use.	Adolescents Adults	The use is not recommended due to lack of adequate data.

	<b>Therapeutic area</b>	<b>Indication</b>	<b>Herbal substances and/or preparations referred in the monograph</b>	<b>Dosage form and method of administration</b>	<b>Target population</b>	<b>Justification for limited use</b>
<b>Eschscholziae herba</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Mental stress & mood disorders	For relief of mild symptoms of mental stress	<b>Herbal preparation</b> Powdered herbal substance	Powdered herbal substance in solid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.
<b>Eschscholziae herba</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Sleep disorders & temporary insomnia	Used to aid sleep.	<b>Herbal preparation</b> Powdered herbal substance	Powdered herbal substance in solid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.
<b>Eucalypti aetheroleum</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Cough and cold	For relief of cough associated with cold.	<b>Herbal preparation</b> Essential oil	Herbal preparation in solid or liquid dosage forms for oral use . Herbal preparations in Liquid dosage forms for inhalation or as bath additives. Herbal preparations in Liquid or semi-solid dosage forms for cutaneous use.	Oral use and inhalation: Adolescents Adults.  Cutaneous use Use as Bath additive: use: Children older than 4 years Adolescents Adults	Children younger than 30 months: the use is contraindicated because there is a risk that 1,8-cineole containing preparations, can induce laryngospasm.  Children older than 30 months: the use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
<b>Eucalypti aetheroleum</b>  <a href="#">Monograph</a>  <a href="#">Assessment report</a>	Pain and inflammation	For the symptomatic relief of localised muscle pain	<b>Herbal preparation</b> Essential oil	Herbal preparations in Liquid dosage forms as bath additives. Herbal preparations in Liquid or semi-solid dosage forms for cutaneous use.	Children older than 4 years Adolescents Adults	Children younger than 30 months: the use is contraindicated because there is a risk that 1,8-cineole containing preparations, can induce laryngospasm.  Children older than 30 months: the use is not recommended due to lack of adequate data.
<b>Filipendulae ulmariae flos</b>  <a href="#">Monograph</a>  <a href="#">Assessment report</a>	Cough and cold	For the supportive treatment of common cold.	<b>Herbal preparation</b> Comminuted herbal substance	Comminuted herbal substance as herbal tea for oral use.	Adults	The use is not recommended due to lack of adequate data.
<b>Filipendulae ulmariae flos</b>  <a href="#">Monograph</a>  <a href="#">Assessment report</a>	Pain and inflammation	For the relief of minor articular pain.	<b>Herbal preparation</b> Comminuted herbal substance	Comminuted herbal substance as herbal tea for oral use.	Adults	The use is not recommended due to lack of adequate data.
<b>Filipendulae ulmariae herba</b>  <a href="#">Monograph</a>  <a href="#">Assessment report</a>	Cough and cold	For the supportive treatment of common cold.	<b>Herbal preparations</b> -Comminuted herbal substance -Powdered herbal substance -Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent ethanol 45% (V/V)	Comminuted herbal substance as herbal tea for oral use. Powdered herbal substance in solid dosage forms for oral use. Herbal preparation in liquid dosage form for oral use.	Adults	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
<b>Filipendulae ulmariae herba</b>  <a href="#">Monograph</a> <a href="#">Assessment report</a>	Pain and inflammation	For the relief of minor articular pain.	<b>Herbal preparations</b> -Comminuted herbal substance -Powdered herbal substance -Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent ethanol 45% (V/V)	Comminuted herbal substance as herbal tea for oral use. Powdered herbal substance in solid dosage forms for oral use. Herbal preparation in liquid dosage form for oral use.	Adults	The use is not recommended due to lack of adequate data.
<b>Foeniculi amari fructus</b>  <a href="#">Monograph</a> <a href="#">Assessment report</a>	Gastro-intestinal disorders	For symptomatic treatment of mild, spasmodic gastro-intestinal complaints including bloating and flatulence.	<b>Herbal substance</b> Dried fennel, bitter  <b>Herbal preparation</b> Dried fennel, bitter, comminuted	Herbal tea for oral use.	Children older than 4 years Adolescents Adults	The use is not recommended due to lack of adequate data and because medical advice should be sought.
<b>Foeniculi amari fructus</b>  <a href="#">Monograph</a> <a href="#">Assessment report</a>	Urinary tract and genital disorders	For symptomatic treatment of minor spasm associated with menstrual periods.	<b>Herbal substance</b> Dried fennel, bitter  <b>Herbal preparation</b> Dried fennel, bitter, comminuted	Herbal tea for oral use.	Adults	Prepubertal children: the indication is not relevant to this age category. Pubertal children and adolescents: the use is not recommended due to lack of adequate data and because medical advice should be sought.
<b>Foeniculi amari fructus</b>  <a href="#">Monograph</a> <a href="#">Assessment report</a>	Cough and cold	Used as an expectorant in cough associated with cold.	<b>Herbal substance</b> Dried fennel, bitter  <b>Herbal preparation</b> Dried fennel, bitter, comminuted	Herbal tea for oral use.	Adults	The use is not recommended due to lack of adequate data and because medical advice should be sought.
<b>Foeniculi amari fructus aetheroleum</b>  <a href="#">Monograph</a> <a href="#">Assessment report</a>	Cough and cold	Used as an expectorant in cough associated with cold.	<b>Herbal preparation</b> <i>Foeniculum vulgare</i> Miller subsp. <i>vulgare</i> var. <i>vulgare</i> , aetheroleum (Bitter fennel fruit, oil)	Solid or liquid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
<b>Foeniculi dulcis fructus</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Gastro-intestinal disorders	For symptomatic treatment of mild, spasmodic gastro-intestinal complaints including bloating, and flatulence.	<b>Herbal substance</b> Dried fennel, sweet  <b>Herbal preparation</b> Dried fennel, sweet, comminuted	Solid dosage forms or as herbal tea for oral use.	Children older than 4 years Adolescents Adults	The use is not recommended due to lack of adequate data and because medical advice should be sought.
<b>Foeniculi dulcis fructus</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Urinary tract and genital disorders	For symptomatic treatment of minor spasm associated with menstrual periods.	<b>Herbal substance</b> Dried fennel, sweet  <b>Herbal preparation</b> Dried fennel, sweet, comminuted	Solid dosage forms or as herbal tea for oral use.	Adults	Prepubertal children: the indication is not relevant to this age category. Pubertal children and adolescents: the use is not recommended due to lack of adequate data and because medical advice should be sought.
<b>Foeniculi dulcis fructus</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Cough and cold	Used as an expectorant in cough associated with cold.	<b>Herbal substance</b> Dried fennel, sweet  <b>Herbal preparation</b> Dried fennel, sweet, comminuted	Solid dosage forms or as herbal tea for oral use.	Adults	The use is not recommended due to lack of adequate data and because medical advice should be sought.
<b>Foenugraeci semen (Trigonella foenum-graecum)</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Skin disorders and minor wounds	Used for the symptomatic treatment of minor inflammations of the skin.	<b>Herbal substance</b> Herbal substance for infusion	Herbal substance for infusion preparation for cutaneous use.	Adults	The use is not recommended due to lack of adequate data.
<b>Foenugraeci semen (Trigonella foenum-graecum)</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Loss of appetite	Used in temporary loss of appetite.	<b>Herbal substance</b> Herbal substance for tea preparation  <b>Herbal preparations</b> -Dry extract (DER 4:1), extraction solvent: ethanol 20% (V/V) -Soft extract (DER 5-6:1), extraction solvent: ethanol 60% (V/V)	Herbal substance as herbal tea for oral use. Herbal preparation in solid dosage form for oral use.	Adults	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
<b>Fraxini folium</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Pain and inflammation	For relief of minor articular pain.	<b>Herbal preparations</b> Comminuted herbal substance	Comminuted herbal substance as herbal tea for oral use.	Adults	The use is not recommended due to lack of adequate data.
<b>Fraxini folium</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Urinary tract and genital disorders	Used to increase the amount of urine to achieve flushing of the urinary tract as an adjuvant in minor urinary complaints.	<b>Herbal preparations</b> Comminuted herbal substance	Comminuted herbal substance as herbal tea for oral use.	Adults	The use is not recommended due to lack of adequate data.
<b>Fucus vesiculosus thallus</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Gastro-intestinal disorders	Used as an adjuvant to reduced calorie diet to help weight loss in overweight adults.	<b>Herbal preparations</b> Powdered herbal substance	Herbal preparations in solid dosage forms for oral use.	Adults	The use is not recommended because of concerns requiring medical advice.
<b>Fumariae herba</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Gastro-intestinal disorders	Used to increase bile flow for the relief of symptoms of indigestion (such as sensation of fullness, flatulence and slow digestion).	<b>Herbal preparations</b> -Comminuted herbal substance -Powdered herbal substance -Dry extract (DER 3.5-5:1), extraction solvent water -Liquid extract (DER 1:1), extraction solvent ethanol 25% (V/V) -Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent ethanol 45% (V/V) -Juice of the fresh plant	Comminuted herbal substance as herbal tea for oral use. Herbal preparations in solid or liquid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.
<b>Gentianae radix</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Gastro-intestinal disorders	Used in mild dyspeptic/gastrointestinal disorders.	<b>Herbal preparations</b> -Comminuted herbal substance -Dry extract (DER 4.5-5.5:1), extraction solvent ethanol 53% (V/V) -Tincture (Ratio of herbal substance to extraction solvent 1:5), extraction solvent ethanol 70% (V/V) -Liquid extract (DER 1:1), extraction solvent ethanol 45% (V/V)	Comminuted herbal substance as herbal tea for oral use. Herbal preparation in solid or liquid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
<b>Gentianae radix</b>  <a href="#">Monograph</a>  <a href="#">Assessment report</a>	Loss of appetite	Used in temporary loss of appetite.	<b>Herbal preparations</b> -Comminuted herbal substance -Dry extract (DER 4.5-5.5:1), extraction solvent ethanol 53% (V/V) -Tincture (Ratio of herbal substance to extraction solvent 1:5), extraction solvent ethanol 70% (V/V) -Liquid extract (DER 1:1), extraction solvent ethanol 45% (V/V)	Comminuted herbal substance as herbal tea for oral use. Herbal preparation in solid or liquid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.
<b>Ginkgo folium</b>  <a href="#">Monograph</a>  <a href="#">Assessment report</a>	Circulatory disorders	For the relief of heaviness of legs and the sensation of cold hands and feet associated with minor circulatory disorders, after serious conditions have been excluded by a medical doctor.	<b>Herbal preparations</b> Powdered herbal substance	Herbal preparations in solid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.
<b>Hamamelidis cortex</b>  <a href="#">Monograph</a>  <a href="#">Assessment report</a>	Skin disorders and minor wounds	For relief of minor skin inflammation and dryness of the skin.	<b>Herbal preparations</b> -Dried comminuted herbal substance -Tincture (Ratio of herbal substance to extraction solvent 1:10), extraction solvent ethanol 45% (V/V) -Dry extract (DER 5-7.7:1), extraction solvent ethanol 30% m/m	Herbal preparations in semi-solid dosage forms for cutaneous use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
<b>Hamamelidis cortex</b>  <a href="#">Monograph</a>  <a href="#">Assessment report</a>	Circulatory disorders	For symptomatic relief of itching and burning associated with haemorrhoids.	<b>Herbal preparations</b> -Dried comminuted herbal substance -Tincture (Ratio of herbal substance to extraction solvent 1:10), extraction solvent ethanol 45% (V/V) -Dry extract (DER 5-7.7:1), extraction solvent ethanol 30% m/m	Comminuted herbal substance for decoction for anorectal use. Herbal preparations in semi-solid or liquid dosage forms for anorectal use. Herbal preparations in solid dosage forms for rectal use.	Adults	The use is not recommended due to lack of adequate data.
<b>Hamamelidis cortex</b>  <a href="#">Monograph</a>  <a href="#">Assessment report</a>	Mouth and throat disorders	Used as a mouthwash and gargles for relief of minor inflammation of mucous membranes of the oral cavity.	<b>Herbal preparations</b> -Dried comminuted herbal substance -Tincture (Ratio of herbal substance to extraction solvent 1:10), extraction solvent ethanol 45% (V/V) -Dry extract (DER 5-7.7:1), extraction solvent ethanol 30% m/m	Comminuted herbal substance for decoction for oromucosal use. Herbal preparations in liquid dosage forms for oromucosal use.	Adults	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
<b>Hamamelidis folium</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Skin disorders and minor wounds	For relief of minor skin inflammation and dryness of the skin.	<b>Herbal preparations</b> -Distillate prepared from fresh leaves and bark (1:1.12-2.08; ethanol 6% m/m) -Distillate prepared from dried twigs (1:2; ethanol 14-15%)	Herbal preparations in semisolid or liquid dosage forms for cutaneous, use.	Children older than 6 years Adolescents Adults	The use is not recommended due to lack of adequate data.
<b>Hamamelidis folium</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Circulatory disorders	For symptomatic relief of itching and burning associated with haemorrhoids.	<b>Herbal preparations</b> -Distillate prepared from fresh leaves and bark (1:1.12-2.08; ethanol 6% m/m) -Distillate prepared from dried twigs (1:2; ethanol 14-15%)	Herbal preparations in semisolid or liquid dosage forms for anorectal use. Herbal preparations in solid dosage forms for rectal use.	Adults	The use is not recommended due to lack of adequate data.
<b>Hamamelidis folium</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Mouth and throat disorders	Used as a mouthwash and gargles for relief of minor inflammation of mucous membranes of the oral cavity.	<b>Herbal preparations</b> -Dried comminuted herbal substance -Tincture (fresh leaves) (Ratio of herbal substance to extraction solvent 1:10), extraction solvent ethanol 45% (V/V) -Liquid extract (fresh leaves) (DER 1:1), extraction solvent ethanol 45% (V/V) -Liquid extract (DER 1:1), extraction solvent ethanol 30% m/m -Liquid extract (DER 1:2), extraction solvent ethanol 60% (V/V)	For decoction for oromucosal use. Herbal preparations in semisolid or liquid dosage forms for oromucosal use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
<b>Hamamelidis folium et cortex aut ramunculus destillatum</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Skin disorders and minor wounds	For relief of minor skin inflammation and dryness of the skin.	<b>Herbal preparations</b> -Dried comminuted herbal substance -Tincture (fresh leaves) (Ratio of herbal substance to extraction solvent 1:10, extraction solvent ethanol 45% (V/V) -Liquid extract (fresh leaves) (DER 1:1), extraction solvent ethanol 45% (V/V) -Liquid extract (DER 1:1), extraction solvent ethanol 30% m/m -Liquid extract (DER 1:2), extraction solvent ethanol 60% (V/V)	Herbal preparations in semisolid or liquid dosage forms for cutaneous use.	Children older than 6 years Adolescents Adults	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
<b>Hamamelidis folium et cortex aut ramunculus destillatum</b>  <a href="#">Monograph</a>  <a href="#">Assessment report</a>	Eye discomfort	Used for the temporary relief of eye discomfort due to dryness of the eye or to exposure to wind or sun.	<b>Herbal preparations</b> -Dried comminuted herbal substance -Tincture (fresh leaves) (Ratio of herbal substance to extraction solvent 1: 10, extraction solvent ethanol 45% (V/V) -Liquid extract (fresh leaves) (DER 1:1), extraction solvent ethanol 45% (V/V) -Liquid extract (DER 1:1), extraction solvent ethanol 30% m/m -Liquid extract (DER 1:2), extraction solvent ethanol 60% (V/V)	Liquid dosage forms for ocular use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
<b>Harpagophyti radix</b>  <a href="#">Monograph</a>  <a href="#">Assessment report</a>	Pain and inflammation	For relief of minor articular pain.	<b>Herbal preparations</b> a) Comminuted herbal substance b) Powdered herbal substance c) Liquid extract (DER 1:1), extraction solvent ethanol 30% V/V d) Soft extract (DER 2.5-4.0:1), extraction solvent ethanol 70% V/V e) Dry extract (DER 1.5-2.5:1), extraction solvent water f) Dry extract (DER 5-10:1), extraction solvent water g) Dry extract (DER 2.6-4:1), extraction solvent ethanol 30% V/V h) Dry extract (DER 1.5-2.1:1), extraction solvent ethanol 40% V/V i) Dry extract (DER 3-5:1), extraction solvent ethanol 60% V/V j) Dry extract (DER 3-6:1), extraction solvent ethanol 80% V/V k) Dry extract (DER 6-12:1), extraction solvent ethanol 90% V/V l) Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent: ethanol 25% (V/V)	Comminuted herbal substance as herbal tea for oral use. Herbal preparations in liquid or solid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate experience.
<b>Harpagophyti radix</b>  <a href="#">Monograph</a>  <a href="#">Assessment report</a>	Gastro-intestinal disorders	For the relief of mild digestive disorders such as bloating and flatulence and where there is loss of appetite.	<b>Herbal preparations</b> a) Comminuted herbal substance d) Soft extract (DER 2.5-4.0:1), extraction solvent ethanol 70% V/V e) Dry extract (DER 1.5-2.5:1), extraction solvent water g) Dry extract (DER 2.6-4:1), extraction solvent ethanol 30% V/V i) Dry extract (DER 3-5:1), extraction solvent ethanol 60% V/V	Comminuted herbal substance as herbal tea for oral use. Herbal preparations in liquid or solid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate experience.

	<b>Therapeutic area</b>	<b>Indication</b>	<b>Herbal substances and/or preparations referred in the monograph</b>	<b>Dosage form and method of administration</b>	<b>Target population</b>	<b>Justification for limited use</b>
<b>Helichrysi flos</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Gastro-intestinal disorders	Used in digestive disorders with a feeling of fullness and bloating.	<b>Herbal preparations</b> Comminuted herbal substance	Comminuted herbal substance as herbal tea for oral use.	Adults	The use is not recommended due to lack of adequate data.
<b>Hippocastani cortex</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Circulatory disorders	For relief of symptoms of discomfort and heaviness of legs related to minor venous circulatory disturbances.	<b>Herbal preparations</b> Powdered herbal substance	Herbal preparations in solid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.
<b>Hippocastani cortex</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Circulatory disorders	For symptomatic relief of itching and burning associated with haemorrhoids, after serious conditions have been excluded by a medical doctor.	<b>Herbal preparations</b> Powdered herbal substance	Herbal preparations in solid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.
<b>Hippocastani semen</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Circulatory disorders	Used to relieve symptoms of discomfort and heaviness of legs related to minor venous circulatory disturbances.	<b>Herbal preparations</b> -Dry extract (ethanol 25-50% V/V) in a strength corresponding to ca 1% aescin in an ointment/gel base -Tincture (1:5; extraction solvent: 50% ethanol (V/V)), 20% in an ointment/gel base	Herbal preparations in semi-solid dosage forms for cutaneous use.	Adults	The indication is not relevant to children and adolescents.
<b>Hippocastani semen</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Circulatory disorders	For relief of signs of bruises, such as local oedema and haematoma.	<b>Herbal preparations</b> -Dry extract (ethanol 25-50% V/V) in a strength corresponding to ca 1% aescin in an ointment/gel base -Tincture (1:5; extraction solvent: 50% ethanol (V/V)), 20% in an ointment/gel base	Herbal preparations in semi-solid dosage forms for cutaneous use.	Adolescents Adults	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
<b>Hyperici herba</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Mental stress and mood disorders	For the relief of temporary mental exhaustion.	<b>Herbal preparations</b> - (a) Dry extract (DER 4-7:1), extraction solvent ethanol 38% (m/m) - (c) Liquid extract (DER 1: 13), extraction solvent maize oil or other suitable vegetable oil - (d) Tincture (Ratio of herbal substance to extraction solvent 1:10), extraction solvent ethanol 45-50% (V/V) - (e) Tincture (Ratio of herbal substance to extraction solvent 1:5), extraction solvent ethanol 50% (V/V) - (f) Liquid extract (DER 1:2), extraction solvent ethanol 50% (V/V) - (g) Liquid extract (DER 1:5-7), extraction solvent ethanol 50% (V/V) - (h) Expressed juice from the fresh herb (DER 1.1-2.5:1) - (i) Comminuted herbal substance: For tea preparation - (j) Powdered herbal substance	Comminuted herbal substance as herbal tea for oral use.  Herbal preparations A, J in solid dosage forms for oral use.  Herbal preparations C, D, E, F, G, H in liquid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.
<b>Hyperici herba</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Skin disorders and minor wounds	For the symptomatic treatment of minor inflammations of the skin (such as sunburn) and as an aid in healing of minor wounds.	<b>Herbal preparations</b> - (b) Liquid extract (DER 1:4-20), extraction solvent vegetable oil - (i) Comminuted herbal substance - (d) Tincture (Ratio of herbal substance to extraction solvent 1:10), extraction solvent ethanol 45-50% (V/V) - (e) Tincture (Ratio of herbal substance to extraction solvent 1:5), extraction solvent ethanol 50% (V/V)	Herbal preparations in liquid or semi-solid dosage forms for cutaneous use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
<b>Hyperici herba</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Gastro-intestinal disorders	For the symptomatic relief of mild gastrointestinal discomfort.	<b>Herbal preparations</b> Comminuted herbal substance: For tea preparation	Comminuted herbal substance as herbal tea for oral use.	Adults	The use is not recommended due to lack of adequate data.
<b>Juglandis folium</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Skin disorders and minor wounds	For the relief of minor inflammatory conditions of the skin.	<b>Herbal preparations</b> Comminuted herbal substance	Comminuted herbal substance for decoction preparation for cutaneous use.	Adults	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
<b>Juglandis folium</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Skin disorders and minor wounds	Used in excessive perspiration of hands and feet.	<b>Herbal preparations</b> Comminuted herbal substance	Comminuted herbal substance for decoction preparation for cutaneous use.	Adults	The use is not recommended due to lack of adequate data.
<b>Juniperi aetheroleum</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Urinary tract and genital disorders	Used to increase the amount of urine to achieve flushing of the urinary tract as an adjuvant in minor urinary tract complaints.	<b>Herbal preparations</b> Essential oil obtained by steam distillation from the ripe, non-fermented berry cones	Herbal preparation in liquid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.
<b>Juniperi aetheroleum</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Gastro-intestinal disorders	For symptomatic relief of digestive disorders such as dyspepsia and flatulence.	<b>Herbal preparations</b> Essential oil obtained by steam distillation from the ripe, non-fermented berry cones	Herbal preparation in liquid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.
<b>Juniperi aetheroleum</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Pain and inflammation	Used as adjuvant in the relief of minor muscular and articular pain.	<b>Herbal preparations</b> Essential oil obtained by steam distillation from the ripe, non-fermented berry cones	Herbal preparation in liquid dosage forms for cutaneous use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
<b>Juniperi pseudo-fructus</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Urinary tract and genital disorders	Used to increase the amount of urine to achieve flushing of the urinary tract as an adjuvant in minor urinary tract complaints.	<b>Herbal substance</b> Cone berries  <b>Herbal preparations</b> -Comminuted herbal substance -Liquid extract (DER 1:1) with 25% ethanol (V/V) -Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent ethanol 45% (V/V) -Soft extract (DER 1.7-1.8:1), extraction solvent water	Herbal substance or comminuted herbal substance as herbal tea for oral use. Herbal substance or herbal preparations in solid or liquid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
<b>Juniperi pseudo-fructus</b>  <a href="#">Monograph</a> <a href="#">Assessment report</a>	Gastro-intestinal disorders	For symptomatic relief of digestive disorders such as dyspepsia and flatulence	<b>Herbal preparations</b> -Comminuted herbal substance -Liquid extract (DER 1:1) with 25% ethanol (V/V) -Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent ethanol 45% (V/V)	Herbal substance or comminuted herbal substance as herbal tea for oral use. Herbal substance or herbal preparations in solid or liquid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.
<b>Lavandulae aetheroleum</b>  <a href="#">Monograph</a> <a href="#">Assessment report</a>	Mental stress and mood disorders	For relief of mild symptoms of mental stress and exhaustion and to aid sleep.	<b>Herbal preparations</b> Essential oil obtained by steam distillation from the flowering tops of <i>Lavandula angustifolia</i> Miller	Herbal preparation in liquid dosage form for oral use and as a bath additive.	Adolescents Adults	The use is not recommended due to lack of adequate data.
<b>Lavandulae aetheroleum</b>  <a href="#">Monograph</a> <a href="#">Assessment report</a>	Sleep disorders and temporary insomnia	For relief of mild symptoms of mental stress and exhaustion and to aid sleep.	<b>Herbal preparations</b> Essential oil obtained by steam distillation from the flowering tops of <i>Lavandula angustifolia</i> Miller	Herbal preparation in liquid dosage form for oral use and as a bath additive.	Adolescents Adults	The use is not recommended due to lack of adequate data.
<b>Lavandulae flos</b>  <a href="#">Monograph</a> <a href="#">Assessment report</a>	Mental stress and mood disorders	For relief of mild symptoms of mental stress and exhaustion and to aid sleep.	<b>Herbal substance</b> As defined in the Ph. Eur. monograph  <b>Herbal preparations</b> -Comminuted herbal substance -Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent ethanol 50-60% (V/V)	Herbal substance or comminuted herbal substance as herbal tea for oral use. Herbal preparations in liquid dosage form for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
<b>Lavandulae flos</b>  <a href="#">Monograph</a> <a href="#">Assessment report</a>	Sleep disorders and temporary insomnia	For relief of mild symptoms of mental stress and exhaustion and to aid sleep.	<b>Herbal substance</b> As defined in the Ph. Eur. monograph  <b>Herbal preparations</b> -Comminuted herbal substance -Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent ethanol 50-60% (V/V)	Herbal substance or comminuted herbal substance as herbal tea for oral use. Herbal preparations in liquid dosage form for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
<b>Lecithinum ex soya</b>  <a href="#">Monograph</a>  <a href="#">Assessment report</a>	Fatigue and weakness	For the relief of temporary fatigue and sensation of weakness.	<b>Herbal preparations</b> Soya-bean lecithin (de-oiled phospholipids from soya bean)	Liquid or solid dosage forms for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
<b>Leonuri cardiaca herba</b>  <a href="#">Monograph</a>  <a href="#">Assessment report</a>	Mental stress and mood disorders	Used to relieve symptoms of nervous tension.	<b>Herbal preparations</b> -Comminuted herbal substance -Powdered herbal substance -Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent ethanol 70% (V/V) -Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent ethanol 45% (V/V) -Liquid extract (DER 1:1), extraction solvent ethanol 25% (V/V)	Tinctures and liquid extract in liquid dosage forms for oral use. Powdered herbal substance for oral use. Comminuted herbal substance as herbal tea for oral use.	Adults	The use is not recommended due to lack of adequate data.
<b>Leonuri cardiaca herba</b>  <a href="#">Monograph</a>  <a href="#">Assessment report</a>	Circulatory disorders	Used to relieve symptoms of nervous cardiac complaints such as palpitations, after serious conditions have been excluded by a medical doctor.	<b>Herbal preparations</b> -Comminuted herbal substance -Powdered herbal substance -Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent ethanol 70% (V/V) -Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent ethanol 45% (V/V) -Liquid extract (DER 1:1), extraction solvent ethanol 25% (V/V)	Tinctures and liquid extract in liquid dosage forms for oral use. Powdered herbal substance for oral use. Comminuted herbal substance as herbal tea for oral use.	Adults	The use is not recommended due to lack of adequate data.
<b>Lichen islandicus</b>  <a href="#">Monograph</a>  <a href="#">Assessment report</a>	Mouth and throat disorders	Used as a demulcent for the symptomatic treatment of oral or pharyngeal irritation	<b>Herbal preparations</b> a) Comminuted herbal substance b) Soft extract (DER 2-4:1), extraction solvent water c) Soft extract (DER 0.4-0.8:1), extraction solvent water d) Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent ethanol 40% V/V	Comminuted herbal substance as herbal tea for oral use (a). Herbal preparations in liquid form for oral use (d). Herbal preparations in solid dosage forms for oromucosal use (b,c).	Preparation a: Adolescents Adults  Preparation d: Adults  Preparations b,c: Children older than 6 years Adolescents Adults	a, d: The use is not recommended due to lack of adequate data.  b,c: The use is not recommended because of the pharmaceutical form( solid dosage form).

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
<b>Lichen islandicus</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Loss of appetite	Used in temporary loss of appetite.	<b>Herbal preparations</b> Comminuted herbal substance	Comminuted herbal substance as herbal tea for oral use.	Adults	The use is not recommended due to lack of adequate data.
<b>Lini semen</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Gastro-intestinal disorders	For use as a demulcent preparation for the symptomatic relief of mild gastrointestinal discomfort.	<b>Herbal substance</b> As defined in the Ph. Eur. monograph	Herbal substance for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate experience.
<b>Lupuli flos</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Mental stress and mood disorders	For relief of mild symptoms of mental stress.	<b>Herbal preparations</b> -Comminuted herbal substance -Powdered herbal substance -Liquid extract (1:1) extraction solvent ethanol/water 45% (V/V) -Liquid extract (1:10) extraction solvent sweet wine -Tincture (1:5) extraction solvent ethanol 60% (V/V) -Dry extract (4-5:1) extraction solvent methanol 50 % V/V	Comminuted herbal substance as herbal tea for oral use. Solid or liquid dosage forms for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
<b>Lupuli flos</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Sleep disorders and temporary insomnia	Used to aid sleep.	<b>Herbal preparations</b> -Comminuted herbal substance -Powdered herbal substance - liquid extract (1:1) extraction solvent ethanol/water 45% (V/V) -Liquid extract (1:10) extraction solvent sweet wine -Tincture (1:5) extraction solvent ethanol 60% (V/V) -Dry extract (4-5:1) extraction solvent methanol 50 % V/V	Comminuted herbal substance as herbal tea for oral use. Solid or liquid dosage forms for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
<b>Marrubii herba</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Cough and cold	Used as an expectorant in cough associated with cold.	<b>Herbal preparations</b> -Comminuted herbal substance -Powdered herbal substance -Expressed juice (DER 1:0.70-0.90) -Liquid extract (DER 1:0.9-1.1), extraction solvent ethanol 20-30% V/V	Comminuted herbal substance as herbal tea for oral use. Herbal preparations in solid or liquid dosage forms for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
<b>Marrubii herba</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Gastro-intestinal disorders	Used for symptomatic treatment of mild dyspeptic complaints such as bloating and flatulence.	<b>Herbal preparations</b> -Comminuted herbal substance -Powdered herbal substance -Expressed juice (DER 1:0.70-0.90) -Liquid extract (DER 1:0.9-1.1), extraction solvent ethanol 20-30% V/V	Comminuted herbal substance as herbal tea for oral use. Herbal preparations in solid or liquid dosage forms for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
<b>Marrubii herba</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Loss of appetite	Used in temporary loss of appetite.	<b>Herbal preparations</b> -Comminuted herbal substance -Powdered herbal substance -Expressed juice (DER 1:0.70-0.90) -Liquid extract (DER 1:0.9-1.1), extraction solvent ethanol 20-30% V/V	Comminuted herbal substance as herbal tea for oral use. Herbal preparations in solid or liquid dosage forms for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
<b>Mate folium</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Fatigue and weakness	For symptoms of fatigue and sensation of weakness.	<b>Herbal preparations</b> Comminuted herbal substance	Comminuted herbal substance as herbal tea for oral use.	Adults	The use is not recommended due to lack of adequate data.
<b>Mate folium</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Urinary tract and genital disorders	Used to increase the amount of urine to achieve flushing of the urinary tract as an adjuvant in minor urinary complaints.	<b>Herbal preparations</b> Comminuted herbal substance	Comminuted herbal substance as herbal tea for oral use.	Adults	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
<b>Matricariae flos</b>  <a href="#">Monograph</a>  <a href="#">Assessment report</a>	Gastrointestinal disorders	For the symptomatic treatment of minor gastro-intestinal complaints such as bloating and minor spasms.	<b>Herbal preparations</b> a)Comminuted herbal substance b)Liquid extract (DER 1:1), extraction solvent ethanol 96% V/V: water : ammonia solution 10% m/m (50:47.5:2.5) <sup>3</sup> d)Liquid extract (DER 1:1), extraction solvent ethanol 48% V/V: ammonia solution 10% m/m (39:1) <sup>3</sup> e)Liquid extract (DER 1:1), extraction solvent ethanol 45% V/V: ammonia solution 10% m/m (14.7:1) g)Liquid extract (DER 1:1.7-2.6), extraction solvent ethanol 48% V/V i)Liquid extract (DER 1:2), extraction solvent ethanol 70% V/V j)Liquid extract (DER 1:4.1-4.6), extraction solvent ethanol 55% V/V : Poloxamer 188 (993:3) k)Liquid extract (DER 1:1.8-2.1), extraction solvent ethanol 52% V/V : macrogol hydroxystearate (99.5:0.5) l)Liquid extract (DER 1:4.0-4.5) extraction solvent ethanol 38.5% m/m (containing 1.36% sodium acetate trihydrate, 0.45% sodium ascorbate and 0.41% sodium hydroxide)	Comminuted herbal substance as herbal tea for oral use.  Herbal preparations in liquid dosage forms for oral use.	Preparation a Infants from 6 months Children Adolescents Adults  Preparations e,g,k,l Children older than 6 years Adolescents Adults  Preparations b,d,i,j Adolescents Adults	The use is not recommended due to lack of adequate data.
<b>Matricariae flos</b>  <a href="#">Monograph</a>  <a href="#">Assessment report</a>	Cough and cold	For the relief of symptoms of common cold.	<b>Herbal preparations</b> a)Comminuted herbal substance d)Liquid extract (DER 1:1), extraction solvent ethanol 48% V/V: ammonia solution 10% m/m (39:1) <sup>3</sup> e)Liquid extract (DER 1:1), extraction solvent ethanol 45% V/V: ammonia solution 10% m/m (14.7:1) g)Liquid extract (DER 1:1.7-2.6), extraction solvent ethanol 48% V/V h)Liquid extract (DER 1:1), extraction solvent ethanol 55% V/V j)Liquid extract (DER 1:4.1-4.6), extraction solvent ethanol 55% V/V : Poloxamer 188 (993:3) k)Liquid extract (DER 1:1.8-2.1), extraction solvent ethanol 52% V/V : macrogol hydroxystearate (99.5:0.5) l)Liquid extract (DER 1:4.0-4.5) extraction solvent ethanol 38.5% m/m (containing 1.36% sodium acetate trihydrate, 0.45% sodium ascorbate and 0.41% sodium hydroxide)	Herbal substance or comminuted herbal substance as herbal tea for oral use and inhalation. Herbal preparations in liquid dosage forms for preparation of dilutions for steam inhalation.	Preparation h  Children older than 6 years Adolescents Adults  Preparations a,d,e,g,j,k,l  Adolescents Adults	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
<b>Matricariae flos</b>  <a href="#">Monograph</a>  <a href="#">Assessment report</a>	Mouth and throat disorders	For the treatment of minor ulcers and inflammations of the mouth and throat.	<b>Herbal preparations</b> a)Comminuted herbal substance c)Liquid Extract (DER 1:4.3-5.7), extraction solvent ethanol 96% V/V : water : ammonia solution 10% m/m (50:47.5:2.5) <sup>3</sup> d)Liquid extract (DER 1:1), extraction solvent ethanol 48% V/V: ammonia solution 10% m/m (39:1)3 e)Liquid extract (DER 1:1), extraction solvent ethanol 45% V/V: ammonia solution 10% m/m (14.7:1) h)Liquid extract (DER 1:1), extraction solvent ethanol 55% V/V i)Liquid extract (DER 1:2), extraction solvent ethanol 70% V/V j)Liquid extract (DER 1:4.1-4.6), extraction solvent ethanol 55% V/V : Poloxamer 188 (993:3) k)Liquid extract (DER 1:1.8-2.1), extraction solvent ethanol 52% V/V : macrogol hydroxystearate (99.5:0.5) l)Liquid extract (DER 1:4.0-4.5) extraction solvent ethanol 38.5% m/m (containing 1.36% sodium acetate trihydrate, 0.45% sodium ascorbate and 0.41% sodium hydroxide)	Herbal substance or comminuted herbal substance for infusion preparation for oromucosal use. Herbal preparations in liquid dosage forms for preparation of dilutions for oromucosal use.	Preparations a, h  Children older than 6 years Adolescents Adults  Preparations c,d,e,i,j,k,l  Adolescents Adults	The use is not recommended due to lack of adequate data.
<b>Matricariae flos</b>  <a href="#">Monograph</a>  <a href="#">Assessment report</a>	Skin disorders & minor wounds	For adjuvant therapy of irritations of skin and mucosae in the anal and genital region, after serious conditions have been excluded by a medical doctor.	<b>Herbal preparations</b> a)Comminuted herbal substance d)Liquid extract (DER 1:1), extraction solvent ethanol 48% V/V: ammonia solution 10% m/m (39:1) <sup>3</sup> e)Liquid extract (DER 1:1), extraction solvent ethanol 45% V/V: ammonia solution 10% m/m (14.7:1) g)Liquid extract (DER 1:1.7-2.6), extraction solvent ethanol 48% V/V h)Liquid extract (DER 1:1), extraction solvent ethanol 55% V/V j)Liquid extract (DER 1:4.1-4.6), extraction solvent ethanol 55% V/V : Poloxamer 188 (993:3) k)Liquid extract (DER 1:1.8-2.1), extraction solvent ethanol 52% V/V : macrogol hydroxystearate (99.5:0.5) l)Liquid extract (DER 1:4.0-4.5) extraction solvent ethanol 38.5% m/m (containing 1.36% sodium acetate trihydrate, 0.45% sodium ascorbate and 0.41% sodium hydroxide) m)Liquid extract (DER 2.7-5.5:1), extraction solvent ethanol 95.4% V/V (containing 0.22% sodium acetate, 0.12% sodium hydroxide) n)Dry extract (DER 11-16:1), extraction solvent ethanol 95.4% V/V (containing 0.22% sodium acetate, 0.12% sodium hydroxide) o)Liquid extract (DER 1:2.0-2.8), extraction solvent propan-2-ol 48% V/V	Herbal preparations in semi-solid dosage forms for cutaneous use. Herbal preparations in liquid dosage forms for use as bath additives.	Preparations m,o  Infants from 4 weeks Children Adolescents Adults  Preparations a,d,e,g,h,j,k,l,n  Adolescents Adults	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
<b>Matricariae flos</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Skin disorders & minor wounds	For the treatment of minor inflammation of the skin (sunburn) and superficial wounds and small boils (furuncles).	<b>Herbal preparations</b> a)Comminuted herbal substance c)Liquid Extract (DER 1:4.3-5.7), extraction solvent ethanol 96% V/V : water : ammonia solution 10% m/m (50:47.5:2.5) <sup>3</sup> d)Liquid extract (DER 1:1), extraction solvent ethanol 48% V/V: ammonia solution 10% m/m (39:1) <sup>3</sup> e)Liquid extract (DER 1:1), extraction solvent ethanol 45% V/V: ammonia solution 10% m/m (14.7:1) f)Dry extract (DER 4-7:1), extraction solvent ethanol 50% m/mg)Liquid extract (DER 1:1.7-2.6), extraction solvent ethanol 48% V/V g)Liquid extract (DER 1:1.7-2.6), extraction solvent ethanol 48% V/V i)Liquid extract (DER 1:2), extraction solvent ethanol 70% V/V j)Liquid extract (DER 1:4.1-4.6), extraction solvent ethanol 55% V/V : Poloxamer 188 (993:3) k)Liquid extract (DER 1:1.8-2.1), extraction solvent ethanol 52% V/V : macrogol hydroxystearate (99.5:0.5) l)Liquid extract (DER 1:4.0-4.5) extraction solvent ethanol 38.5% m/m (containing 1.36% sodium acetate trihydrate, 0.45% sodium ascorbate and 0.41% sodium hydroxide) m)Liquid extract (DER 2.7-5.5:1), extraction solvent ethanol 95.4% V/V (containing 0.22% sodium acetate, 0.12% sodium hydroxide) n)Dry extract (DER 11-16:1), extraction solvent ethanol 95.4% V/V (containing 0.22% sodium acetate, 0.12% sodium hydroxide) o)Liquid extract (DER 1:2.0-2.8), extraction solvent propan-2-ol 48% V/V	Herbal preparations in semi-solid dosage forms for cutaneous use. Herbal preparations in liquid dosage forms for use as bath additives.	Preparations m,o  Infants from 4 weeks Children Adolescents Adults  Preparations a,c,d,e,f,g,i,j,k,l,n  Adolescents Adults	The use is not recommended due to lack of adequate data.
<b>Matricariae aetheroleum</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Skin disorders & minor wounds	For adjuvant therapy of irritations of skin and mucosae in the anal and genital region, after serious conditions have been excluded by a medical doctor.	<b>Herbal preparation</b> Essential oil	Herbal preparations in liquid dosage forms for use as a bath additive.	Adolescents Adults	The use is not recommended due to lack of adequate data.
<b>Melaleuca alternifoliae aetheroleum</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Skin disorders & minor wounds	For treatment of small superficial wounds and insect bites.	<b>Herbal preparation</b> Essential oil	Herbal preparation in liquid and semi-solid dosage forms for cutaneous use.	Adolescents Adults	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
<b>Melaleucaea alternifoliae aetheroleum</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Skin disorders & minor wounds	For treatment of small boils (furuncles and mild acne).	<b>Herbal preparation</b> Essential oil	Herbal preparation in liquid and semi-solid dosage forms for cutaneous use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
<b>Melaleucaea alternifoliae aetheroleum</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Skin disorders & minor wounds	For the relief of itching and irritation in cases of mild athlete's foot.	<b>Herbal preparation</b> Essential oil	Herbal preparation in liquid and semi-solid dosage forms for cutaneous use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
<b>Melaleucaea alternifoliae aetheroleum</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Mouth and throat disorders	For symptomatic treatment of minor inflammation of the oral mucosa	<b>Herbal preparation</b> Essential oil	Herbal preparation in liquid dosage form for oromucosal use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
<b>Meliloti herba</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Circulatory disorders	Used to relieve symptoms of discomfort and heaviness of legs related to minor venous circulatory disturbances.	<b>Herbal preparation</b> -Comminuted herbal substance -Powdered herbal substance	Comminuted herbal substance as herbal tea, infusion, for oral use. Herbal substance in solid dosage forms for oral use	Adults	The indication is not relevant to children and adolescents.
<b>Meliloti herba</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Pain and inflammation	For the treatment of minor inflammations of the skin.	<b>Herbal preparation</b> Liquid extract, ratio of herbal substance to extraction solvent 1:3, extraction solvents: ethanol 70% (V/V), rapeseed oil	Semi-solid dosage forms for cutaneous use.	Adults	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
<b>Melissae folium</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Mental stress and mood disorders	For relief of mild symptoms of mental stress.	<b>Herbal preparations</b> -Comminuted herbal substance -Powdered herbal substance -Liquid extract (DER 1:1), extraction solvent ethanol 45-53% V/V -Tincture (ratio of herbal substance to extraction solvent1:5), extraction solvent ethanol 45-53 % V/V -Dried water or ethanol (45-53% V/V) extracts corresponding to the tea, liquid extract and tincture above	Herbal substance or herbal preparations in solid or liquid dosage forms for oral use or as herbal tea.	Adolescents Adults	The use is not recommended due to lack of adequate data and because medical advice should be sought.
<b>Melissae folium</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Sleep disorders and temporary insomnia	Used to aid sleep.	<b>Herbal preparations</b> -Comminuted herbal substance -Powdered herbal substance -Liquid extract (DER 1:1), extraction solvent ethanol 45-53% V/V -Tincture (ratio of herbal substance to extraction solvent1:5), extraction solvent ethanol 45-53 % V/V -Dried water or ethanol (45-53% V/V) extracts corresponding to the tea, liquid extract and tincture above	Herbal substance or herbal preparations in solid or liquid dosage forms for oral use or as herbal tea.	Adolescents Adults	The use is not recommended due to lack of adequate data and because medical advice should be sought.
<b>Melissae folium</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Gastro-intestinal disorders	For symptomatic treatment of mild gastrointestinal complaints including bloating and flatulence.	<b>Herbal preparations</b> -Comminuted herbal substance -Powdered herbal substance -Liquid extract (DER 1:1), extraction solvent ethanol 45-53% V/V -Tincture (ratio of herbal substance to extraction solvent1:5), extraction solvent ethanol 45-53 % V/V -Dried water or ethanol (45-53% V/V) extracts corresponding to the tea, liquid extract and tincture above	Herbal substance or herbal preparations in solid or liquid dosage forms for oral use or as herbal tea.	Adolescents Adults	The use is not recommended due to lack of adequate data and because medical advice should be sought.
<b>Menthae piperitae aetheroleum</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Pain and inflammation	For the symptomatic relief of localised muscle pain.	<b>Herbal preparation</b> Essential oil obtained by steam distillation from the fresh aerial parts of the flowering plant	Liquid or semi-solid preparations For cutaneous and transdermal use.	Children older than 4 years Adolescents Adults	Children younger than 2 years: the use is contraindicated. Children between 2-4 years: the use is not recommended due to lack of adequate experience.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
<b>Menthae piperitae aetheroleum</b>  <a href="#">Monograph</a>  <a href="#">Assessment report</a>	Skin disorders and minor wounds	For the symptomatic relief of localised pruritic conditions in intact skin.	<b>Herbal preparation</b> Essential oil obtained by steam distillation from the fresh aerial parts of the flowering plant	Liquid or semi-solid preparations For cutaneous and transdermal use.	Children older than 4 years Adolescents Adults	Children younger than 2 years: the use is contraindicated. Children between 2-4 years: the use is not recommended due to lack of adequate experience.
<b>Menthae piperitae aetheroleum</b>  <a href="#">Monograph</a>  <a href="#">Assessment report</a>	Cough and cold	For the relief of symptoms in coughs and colds.	<b>Herbal preparation</b> Essential oil obtained by steam distillation from the fresh aerial parts of the flowering plant	Liquid or semi-solid preparations for cutaneous and transdermal use.	Children older than 4 years Adolescents Adults	Children younger than 2 years: the use is contraindicated. Children older than 2 years: the use is not recommended due to lack of adequate experience.
<b>Menthae piperitae aetheroleum</b>  <a href="#">Monograph</a>  <a href="#">Assessment report</a>	Cough and cold	For the relief of symptoms in coughs and colds.	<b>Herbal preparation</b> Essential oil obtained by steam distillation from the fresh aerial parts of the flowering plant	Liquid or semi-solid preparations for inhalation.	Adolescents Adults	Children younger than 2 years: the use is contraindicated. Children older than 2 years: The use is not recommended due to lack of adequate experience.
<b>Menthae piperitae aetheroleum</b>  <a href="#">Monograph</a>  <a href="#">Assessment report</a>	Cough and cold	For the relief of symptoms in coughs and colds.	<b>Herbal preparation</b> Essential oil obtained by steam distillation from the fresh aerial parts of the flowering plant	Liquid or semi-solid preparations for oromucosal use.	Children older than 4 years Adolescents Adults	Children younger than 2 years: the use is contraindicated. Children older than 2 years: the use is not recommended due to lack of adequate experience.
<b>Menthae piperitae folium</b>  <a href="#">Monograph</a>  <a href="#">Assessment report</a>	Gastro-intestinal disorders	For the symptomatic relief of digestive disorders such as dyspepsia and flatulence.	<b>Herbal substance</b> Mentha x piperita L., folium (dried peppermint leaf)  <b>Herbal preparations</b> -Comminuted herbal substance for tea preparation -Tincture (1:5; ethanol 45% (V/V)) -Tincture (1:5; ethanol 70% (V/V))	Herbal substance for infusion or other herbal preparation in liquid or solid dosage forms for oral use.	Children older than 4 years Adolescents Adults	Children younger than 2 years: the use is contraindicated. Children older than 2 years: the use is not recommended due to lack of adequate experience.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
<b>Millefolii flos</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Loss of appetite	Temporary loss of appetite.	<b>Herbal substance</b> Dried inflorescence  <b>Herbal preparations</b> -Comminuted herbal substance -Liquid extract (DER 1:5.8), extraction solvent liquor vine : ethanol 96% (V/V) (91:9 m/m)	Herbal substance and comminuted herbal substance as herbal tea for oral use. Herbal preparation in liquid dosage forms for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
<b>Millefolii flos</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Gastro-intestinal disorders	Symptomatic treatment of mild, spasmodic gastro-intestinal complaints including bloating and flatulence.	<b>Herbal substance</b> Dried inflorescence  <b>Herbal preparations</b> -Comminuted herbal substance -Liquid extract (DER 1:5.8), extraction solvent liquor vine : ethanol 96% (V/V) (91:9 m/m)	Herbal substance and comminuted herbal substance as herbal tea for oral use. Herbal preparation in liquid dosage forms for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
<b>Millefolii flos</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Skin disorders and minor wounds	Treatment of small superficial wounds.	<b>Herbal substance</b> Dried inflorescence  <b>Herbal preparations</b> -Comminuted herbal substance -Liquid extract (DER 1:5.8), extraction solvent liquor vine : ethanol 96% (V/V) (91:9 m/m)	Herbal substance for infusion preparation for cutaneous use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
<b>Millefolii flos</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Urinary tract and genital disorders	Symptomatic treatment of minor spasm associated with menstrual periods.	<b>Herbal substance</b> Dried inflorescence  <b>Herbal preparations</b> -Comminuted herbal substance -Liquid extract (DER 1:5.8), extraction solvent liquor vine : ethanol 96% (V/V) (91:9 m/m)	Herbal substance and comminuted herbal substance as herbal tea for oral use. Herbal preparation in liquid dosage forms for oral use.	Adolescents Adults	Prepubertal children: the indication is not relevant to this age category.
<b>Millefolii herba</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Loss of appetite	Used in temporary loss of appetite.	<b>Herbal preparations</b> -Comminuted herbal substance -Expressed juice from fresh herb (DER: 1:0.6-0.9) -Liquid extract (DER 1:1), extraction solvent ethanol 25% (V/V) -Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent ethanol 45% (V/V) -Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent ethanol 31.5% (V/V)	Comminuted herbal substance as herbal tea for oral use. Herbal preparations in liquid dosage forms for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
<b>Millefolii herba</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Gastro-intestinal disorders	Symptomatic treatment of mild, spasmodic gastro-intestinal complaints including bloating and flatulence.	<b>Herbal preparations</b> -Comminuted herbal substance -Expressed juice from fresh herb (DER: 1:0.6-0.9) -Liquid extract (DER 1:1), extraction solvent ethanol 25% (V/V) -Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent ethanol 45% (V/V) -Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent ethanol 31.5% (V/V)	Comminuted herbal substance as herbal tea for oral use. Herbal preparations in liquid dosage forms for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
<b>Millefolii herba</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Skin disorders and minor wounds	Used for treatment of small superficial wounds.	<b>Herbal preparations</b> -Comminuted herbal substance -Expressed juice from fresh herb (DER: 1:0.6-0.9) -Liquid extract (DER 1:1), extraction solvent ethanol 25% (V/V) -Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent ethanol 45% (V/V) -Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent ethanol 31.5% (V/V)	Comminuted herbal substance for infusion preparation for cutaneous use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
<b>Millefolii herba</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Urinary tract and genital disorders	Use for symptomatic treatment of minor spasm associated with menstrual periods.	<b>Herbal preparations</b> -Comminuted herbal substance -Expressed juice from fresh herb (DER: 1:0.6-0.9) -Liquid extract (DER 1:1), extraction solvent ethanol 25% (V/V) -Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent ethanol 45% (V/V) -Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent ethanol 31.5% (V/V)	Comminuted herbal substance as herbal tea for oral use. Herbal preparations in liquid dosage forms for oral use.	Adolescents Adults	Prepubertal children: the indication is not relevant to this age category.
<b>Myrrha</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Skin disorders and minor wounds	For treatment of minor wounds and small boils (furuncles).	<b>Herbal preparation</b> Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent ethanol 90% (V/V))	Herbal preparation in liquid dosage forms for cutaneous use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
<b>Myrrha</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Mouth and throat disorders	For treatment of minor ulcers and inflammation in the mouth (stomatitis and gingivitis).	<b>Herbal preparation</b> Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent ethanol 90% (V/V))	Herbal preparation in liquid dosage forms for oromucosal use.	Adolescents Adults	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
<b>Myrtilli fructus recens</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Circulatory disorders	Used to relieve symptoms of discomfort and heaviness of legs related to minor venous circulatory disturbances.	<b>Herbal preparation</b> Dry extract; DER 153-76:1; extraction solvent methanol 70% v/v containing 36% anthocyanosides, corresponding to 25% anthocyanidins	Herbal preparations in solid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.
<b>Myrtilli fructus recens</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Circulatory disorders	Used to relieve symptoms of cutaneous capillary fragility.	<b>Herbal preparation</b> Dry extract; DER 153-76:1; extraction solvent methanol 70% v/v containing 36% anthocyanosides, corresponding to 25% anthocyanidins	Herbal preparations in solid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.
<b>Myrtilli fructus siccus</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Gastrointestinal disorders	For symptomatic treatment of mild diarrhoea.	<b>Herbal substance</b> Ripe, dry fruits <b>Herbal preparation</b> Comminuted herbal substance	Herbal substance or comminuted herbal substance as herbal tea for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
<b>Myrtilli fructus siccus</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Mouth and throats disorders	For symptomatic treatment of minor inflammations of the oral mucosa.	<b>Herbal substance</b> Ripe, dry fruits <b>Herbal preparation</b> Comminuted herbal substance	Herbal substance or comminuted herbal substance as herbal tea for decoction preparation for oromucosal use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
<b>Oenotherae biennis oleum</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Skin disorders and minor wounds	For the symptomatic relief of itching in acute and chronic dry skin conditions.	<b>Herbal preparations</b> Fatty oil obtained from seeds of <i>Oenothera biennis</i> L. or <i>Oenothera lamarckiana</i> L. by extraction and/or expression	Herbal preparation in solid dosage forms for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data.

	<b>Therapeutic area</b>	<b>Indication</b>	<b>Herbal substances and/or preparations referred in the monograph</b>	<b>Dosage form and method of administration</b>	<b>Target population</b>	<b>Justification for limited use</b>
<b>Oleae folium</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Urinary tract and genital disorders	Used to promote the renal elimination of water, in mild cases of water retention after serious conditions have been excluded by a medical doctor.	<b>Herbal substance</b> Fresh or dried leaves  <b>Herbal preparations</b> -Comminuted dried leaves -Powdered dried leaves in solid dosage forms for oral use.	Herbal substance or comminuted herbal substance as herbal tea for oral use. Powdered dried leaves in solid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.
<b>Ononidis radix</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Urinary tract and genital disorders	Used to increase the amount of urine to achieve flushing of the urinary tract as an adjuvant in minor urinary complaints	<b>Herbal preparations</b> Comminuted herbal substance.	Comminuted herbal substance as herbal tea for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
<b>Origani dictamni herba</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Cough and cold	For the relief of cough associated with cold	<b>Herbal preparations</b> Comminuted herbal substance	Comminuted herbal substance as herbal tea for oral use.	Adults	The use is not recommended due to lack of adequate data.
<b>Origani dictamni herba</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Gastro-intestinal disorders	For the relief of mild gastrointestinal disorders	<b>Herbal preparations</b> Comminuted herbal substance	Comminuted herbal substance as herbal tea for oral use.	Adults	The use is not recommended due to lack of adequate data.
<b>Origani dictamni herba</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Skin disorders & minor wounds	For the relief of minor skin inflammations and bruises.	<b>Herbal preparations</b> Comminuted herbal substance	Comminuted herbal substance for infusion or decoction preparation for cutaneous use.	Adults	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
<b>Origanum majorana herba</b>  <a href="#">Monograph</a>  <a href="#">Assessment report</a>	Gastro-intestinal disorders	Used for the symptomatic relief of mild spasmodic gastro-intestinal complaints such as bloating and flatulence.	<b>Herbal preparation</b> Comminuted herbal substance	Comminuted herbal substance as herbal tea for oral use.	Adults	The use is not recommended due to lack of adequate data.
<b>Origanum majorana herba</b>  <a href="#">Monograph</a>  <a href="#">Assessment report</a>	Skin disorders & minor wounds	Used for relief of irritated skin around the nostrils.	<b>Herbal preparation</b> Extract (ratio of herbal substance to extraction solvent 1:5), extraction solvents ethanol 96% V/V and white petroleum jelly.	Herbal preparations in semi-solid dosage forms for cutaneous use.	Children older than 1 year Adolescents Adults	The use is not recommended due to lack of adequate data.
<b>Orthosiphon stamineus folium</b>  <a href="#">Monograph</a>  <a href="#">Assessment report</a>	Urinary tract and genital disorders	Used to increase the amount of urine to achieve flushing of the urinary tract as an adjuvant in minor urinary tract complaints.	<b>Herbal substance</b> Dried, fragmented leaf  <b>Herbal preparations</b> -Powder -Liquid extract (1:1, ethanol 25% m/m) -Dry extract (5-7:1, water) -Dry extract (4-5:1, ethanol 25% m/m) -Dry extract (5-7:1, ethanol 30% (V/V)) -Dry extract (5-7:1, ethanol 60% (V/V)) -Dry extract (8-12:1 ethanol 60% (V/V)) -Dry extract (7-8:1, ethanol 70% (V/V))	Solid or liquid dosage forms or as herbal tea for oral use.	Adults	The use is not recommended due to lack of adequate experience.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
<b>Panax ginseng radix</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Fatigue and weakness	For symptoms of asthenia such as fatigue and weakness.	<b>Herbal preparations</b> <b>White ginseng:</b> a) Comminuted herbal substance b) Powdered herbal substance c) Dry extract (DER 2-7: 1), extraction solvent ethanol 34-40% V/V d) Dry extract(DER 3-7: 1),extraction solvent ethanol 40% V/V, containing 4% ginsenosides (sum of Rb1, Rb2, Rc, Rd,Re,Rf,Rg1, Rg2) e) Dry extract (DER 3-7: 1), extraction solvent ethanol 57.9% V/V (=50% m/m)-60% V/V f) Dry extract (DER 3.3-5: 1), extraction solvent methanol 60% V/V g) Soft extract (DER 1.7-3.2: 1), extraction solvent ethanol 60%-70% V/V h) Soft extract (DER 2 -6: 1), extraction solvent methanol 30% V/V i) Liquid extract (DER 1:0.8-1.2),extraction solvent ethanol 30.5% V/V (=25% m/m)-34% V/V j) Liquid extract (DER 1: 11-13.6), extraction solvent liquor wine  <b>Red Ginseng:</b> k) Powdered herbal substance l) Dry extract (DER 2-4.5: 1), extraction solvent ethanol 60% V/V	Comminuted herbal substance (herbal preparation a) As herbal tea for oral use.  Herbal preparations f, k, l in solid dosage forms for oral use.  Herbal preparations g, h,i,j in liquid dosage forms for oral use.  Herbal preparation b, c,d, e in solid and liquid dosage forms.	Adults	The use is not recommended due to lack of adequate data.
<b>Passiflorae herba</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Mental stress and mood disorders	For relief of mild symptoms of mental stress.	<b>Herbal preparations</b> -Comminuted herbal substance -Powdered herbal substance -Liquid extract (1:8 ; extraction solvent 25% ethanol) -Liquid extract (1:8 ; extraction solvent 45% ethanol) -Liquid extract 1:3.6) extraction solvent ethanol 60%V/V -Liquid extract (1:1 ; extraction solvent 25% ethanol) -Liquid extract (1:1 ; extraction solvent 70% ethanol) -Liquid extract (1:3.8-4.3) extraction solvent ethanol (96% V/V) + glycerol (85% m/m) + Water (11.8 + 1 + 7.9)  Dried extracts corresponding to the tea and liquid extracts above	Comminuted herbal substance as herbal tea for oral use. Herbal preparations in solid or liquid dosage forms for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
<b>Passiflorae herba</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Sleep disorders and temporary insomnia	Used to aid sleep.	<b>Herbal preparations</b> -Comminuted herbal substance -Powdered herbal substance -Liquid extract (1:8 ; extraction solvent 25% ethanol) -Liquid extract (1:8 ; extraction solvent 45% ethanol) -Liquid extract 1:3.6) extraction solvent ethanol 60%V/V -Liquid extract (1:1 ; extraction solvent 25% ethanol) -Liquid extract (1:1 ; extraction solvent 70% ethanol) -Liquid extract (1:3.8-4.3) extraction Solvent ethanol (96% V/V) + glycerol (85% m/m) + Water (11.8 + 1 + 7.9)  Dried extracts corresponding to the tea and liquid extracts above	Comminuted herbal substance as herbal tea for oral use. Herbal preparations in solid or liquid dosage forms for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data
<b>Pelargonii radix</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Cough and cold	Used for the symptomatic treatment of common cold.	<b>Herbal preparations</b> a) Liquid extract (DER 1:8-10), extraction solvent ethanol 11% (m/m) b) Dry extract, (DER 4-25:1), extraction solvent ethanol 11% (m/m)	Herbal preparations in liquid and solid dosage forms for oral use.	Children over 6 years of age Adolescents Adults Elderly	The use is not recommended due to lack of adequate data.
<b>Phaseoli fructus sine semine</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Urinary tract and genital disorders	Used to increase the amount of urine to achieve flushing of the urinary tract as an adjuvant in minor urinary tract complaints	<b>Herbal preparation</b> Comminuted herbal substance	Comminuted herbal substance as herbal tea for oral use	Adults	The use is not recommended due to lack of adequate data.
<b>Pilosellae herba cum radice</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Urinary tract and genital disorders	Used to increase the amount of urine to achieve flushing of the urinary tract as an adjuvant in minor urinary tract complaints.	<b>Herbal preparations:</b> a) Comminuted herbal substance b) Powdered herbal substance	Herbal preparations in solid dosage forms for oral use. Comminuted herbal substance as herbal tea for oral use.	Adults	The use is not recommended due to lack of adequate data.
<b>Pistacia Lentiscus, resin (mastix)</b>		Used in mild dyspeptic disorders.	<b>Herbal preparation</b> Powdered herbal substance	Powdered herbal substance in solid dosage form for oral use.	Adults	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
<b>Pistacia Lentiscus, resin (mastix)</b>		Used for the symptomatic treatment of minor inflammations of the skin and as an aid in healing of minor wounds.	<b>Herbal preparation</b> Powdered herbal substance	Powdered herbal substance in semi-solid dosage form for cutaneous use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
<b>Plantaginis lanceolatae folium</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Mouth and throat disorders	Used as a demulcent for the symptomatic treatment of oral or pharyngeal irritations and associated dry cough.	<b>Herbal preparations</b> -Comminuted herbal substance -Powdered herbal substance -Dry extract (DER 3-6:1); extraction solvent: water -Liquid extract (DER 1: 0.8-1.2); extraction solvent: ethanol: 20-40% V/V -Soft extract (DER 1.5-1.7:1); extraction solvent: ethanol 20% m/m -Expressed juice (DER 1:0.5-0.9) from the fresh herb -Syrup according to ÖAB 2009 (formally, the native herbal preparation is a liquid extract (DER 1:1); extraction solvent: water) -Dry extract (DER 3-5:1); extraction solvent: ethanol 20% m/m -Liquid extract (DER 1: 5.8-5.9); extraction solvent: water	Comminuted herbal substance as herbal tea for oral use. Powdered herbal substance in a solid dosage form and other herbal preparations in liquid or solid dosage forms for oral and/or oromucosal use.	Oral use: Children older than 3 years. Oromucosal use: Adults	Oral use: the use is not recommended due to lack of adequate data and because medical advice should be sought. Oralmucosal use: the use is not recommended due to lack of adequate data.
<b>Polygoni aviculare herba</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Cough and cold	Used for the relief of symptoms of common cold.	<b>Herbal preparation</b> Comminuted herbal substance	Comminuted herbal substance as herbal tea for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
<b>Polygoni aviculare herba</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Mouth and throat disorders	Used for symptomatic treatment of minor inflammations in the mouth or the throat.	<b>Herbal preparation</b> Comminuted herbal substance	Comminuted herbal substance for decoction preparation for oromucosal use.	Adolescents Adults	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
<b>Polygoni aviculare herba</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Urinary tract and genital disorders	Used to increase the amount of urine to achieve flushing of the urinary tract as an adjuvant in minor urinary complaints.	<b>Herbal preparation</b> Comminuted herbal substance	Comminuted herbal substance as herbal tea for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
<b>Polypodii rhizoma</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Cough and cold	Used as an expectorant in cough and cold.	<b>Herbal preparation</b> Comminuted herbal substance for tea preparation	Solid dosage forms for oral use (tea preparation).	Adolescents Adults	The use is not recommended due to lack of adequate data.
<b>Polypodii rhizoma</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Constipation	For short-term use in cases of occasional constipation.	<b>Herbal preparation</b> Comminuted herbal substance for tea preparation	Solid dosage forms for oral use (tea preparation).	Adolescents Adults	The use is not recommended due to lack of adequate data.
<b>Primulae flos</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Cough and cold	Used as an expectorant in cough associated with cold.	<b>Herbal substance</b> Whole or cut, dried flowers  <b>Herbal preparations</b> -Liquid extract (1:1, extraction solvent ethanol 25% (V/V)) -Comminuted herbal substance for tea preparation	Herbal substance or comminuted herbal substance for tea preparation or other herbal preparation in liquid and solid dosage forms for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
<b>Primulae radix</b>  <a href="#">Monograph</a>  <a href="#">Assessment report</a>	Cough and cold	Used as an expectorant in cough associated with cold.	<b>Herbal substance</b> Whole or cut, dried rhizome and root  <b>Herbal preparations</b> -Dry extract (3-9:1), extraction solvent ethanol 40-50% (V/V) -Liquid extract (1:1), extraction solvent ethanol 70% (V/V), -Liquid extract (1:2.0-2.5), extraction solvent ethanol 70% (V/V) -Tincture (1:5), extraction solvent ethanol 70% (V/V) -Soft extract (5-10:1), extraction solvent water -Soft extract (1-4:1), extraction solvent ethanol 20-55% (V/V) -Soft extract (6-10:1), extraction solvent methanol, water, ammonia solution 10% (50,0:49,5:0,5) -Soft extract (6-10:1), extraction solvent methanol 50% -Comminuted herbal substance for tea preparation	Herbal substance or comminuted herbal substance for tea preparation or other herbal preparations in liquid and solid dosage forms for oral use.	Children older than 4 years Adolescents Adults	The use is not recommended because medical advice should be sought.
<b>Pruni cortex</b>  <a href="#">Monograph</a>  <a href="#">Assessment report</a>	Urinary tract and genital disorders	For the relief of lower urinary tract symptoms related to benign prostatic hyperplasia after serious conditions have been excluded by a medical doctor.	<b>Herbal preparation</b>  Soft extract (DER 114-222:1), extraction solvent chloroform; (stabilised by 1.2 % of ethanol >99.9 %)	Herbal preparations in solid dosage forms for oral use.	Adults	The indication is not relevant to children and adolescents.
<b>Quercus cortex</b>  <a href="#">Monograph</a>  <a href="#">Assessment report</a>	Gastro-intestinal disorders	For symptomatic treatment of mild diarrhoea.	<b>Herbal preparations</b> -Comminuted herbal substance -Powdered herbal substance -Dry extract (DER 5.0-6.5:1), extraction solvent ethanol 50% m/m	Comminuted herbal substance as a herbal tea for oral use.  Herbal preparation in solid or liquid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.
<b>Quercus cortex</b>  <a href="#">Monograph</a>  <a href="#">Assessment report</a>	Pain and inflammation	For symptomatic treatment of minor inflammation of the oral mucosa or skin.	<b>Herbal preparation</b> Comminuted herbal substance	Comminuted herbal substance as a herbal tea for a decoction preparation for oromucosal or cutaneous use.	Adults	The use is not recommended due to lack of adequate data.
<b>Quercus cortex</b>  <a href="#">Monograph</a>  <a href="#">Assessment report</a>	Circulatory disorders	For symptomatic relief of itching and burning associated with haemorrhoids, after serious conditions have been excluded by a medical doctor.	<b>Herbal preparation</b> Comminuted herbal substance	Comminuted herbal substance as a herbal tea as a decoction preparation for cutaneous use.	Adults	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
<b>Rhodiolae roseae rhizoma et radix</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Mental stress and mood disorders	For temporary relief of symptoms of stress, such as fatigue and sensation of weakness.	<b>Herbal preparation</b> Dry extract (DER 1.5-5: 1), extraction solvent ethanol 67-70% (V/V)	Herbal preparations in solid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.
<b>Rhodiolae roseae rhizoma et radix</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Sleep disorders and temporary insomnia	For temporary relief of symptoms of stress, such as fatigue and sensation of weakness.	<b>Herbal preparation</b> Dry extract (DER 1.5-5: 1), extraction solvent ethanol 67-70% (V/V)	Herbal preparations in solid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.
<b>Ribis nigri folium</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Pain and inflammation	For relief of minor articular pain.	<b>Herbal preparations</b> -Comminuted herbal substance -Dry extract (DER 7: 1), extraction solvent water: dry extract 7: 1, water) -Powdered herbal substance	Comminuted herbal substance as herbal tea for oral use. Herbal preparations in solid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.
<b>Ribis nigri folium</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Urinary tract and genital disorders	Used to increase the amount of urine to achieve flushing of the urinary tract as an adjuvant in minor urinary complaints.	<b>Herbal preparation</b> -Dry extract (DER 7: 1), extraction solvent water: dry extract (7: 1, water) -Powdered herbal substance	Comminuted herbal substance as herbal tea for oral use. Herbal preparations in solid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.
<b>Rosae flos</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Mouth and throat disorders	Used for mild inflammations of the oral and pharyngeal mucosa.	<b>Herbal substance</b> Dried petals  <b>Herbal preparation</b> Comminuted herbal substance	Herbal substance or comminuted herbal substance for infusion preparation for oromucosal use.	Adolescents Adults	The use is not recommended due to lack of adequate data.

	<b>Therapeutic area</b>	<b>Indication</b>	<b>Herbal substances and/or preparations referred in the monograph</b>	<b>Dosage form and method of administration</b>	<b>Target population</b>	<b>Justification for limited use</b>
<b>Rosae flos</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Skin disorders & minor wounds	Used for relief of minor skin inflammation.	<b>Herbal substance</b> Dried petals  <b>Herbal preparation</b> Comminuted herbal substance	Herbal substance or comminuted herbal substance for infusion preparation for cutaneous use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
<b>Rosmarini aetheroleum</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Gastro-intestinal disorders	For symptomatic relief of dyspepsia and mild spasmodic disorders of the gastrointestinal tract.	<b>Herbal preparation</b> Essential oil	Herbal preparation in liquid or semi-solid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.
<b>Rosmarini aetheroleum</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Circulatory disorders	For relief of minor muscular and articular pain and in minor peripheral circulatory disorders.	<b>Herbal preparation</b> Essential oil	Herbal preparation in liquid or semi-solid dosage forms for cutaneous use and as a bath additive.	Adults	The use is not recommended due to lack of adequate data.
<b>Rosmarini folium</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Gastro-intestinal disorders	For symptomatic relief of dyspepsia and mild spasmodic disorders of the gastrointestinal tract.	<b>Herbal substance</b> Whole or fragmented, dried leaf  <b>Herbal preparations</b> -Comminuted herbal substance -Extract (DER 1:17.5-18.9), extraction solvent: liqueur wine; -Extract (DER 1:12.5-13.5), extraction solvent: liqueur wine -Expressed juice (DER 1:1.8-2.2) from Rosmarini herba recens -Liquid extract (DER 1:1), extraction solvent ethanol 45% V/V	Herbal substance and/or comminuted herbal substance as herbal tea for oral use. Herbal preparations in solid or liquid dosage forms for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data and because medical advice should be sought.
<b>Rosmarini folium</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Circulatory disorders	Used as an adjuvant in the relief of minor muscular and articular pain and in minor peripheral circulatory disorders.	<b>Herbal substance</b> Whole or fragmented, dried leaf  <b>Herbal preparation</b> Comminuted herbal substance	Herbal substance and/or comminuted herbal substance use as bath additive. Herbal preparations in liquid dosage forms for use as bath additive.	Adolescents Adults	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
<b>Rubi idaei folium</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Urinary tract and genital disorders	For the symptomatic relief of minor spasm associated with menstrual periods.	<b>Herbal preparations</b> -Comminuted herbal substance -Dry extract (4:1): extraction solvent water	Comminuted herbal substance as herbal tea for Oral use. Herbal preparations in solid dosage form for oral use.	Adults	Prepubertal children: the indication is not relevant to this age category. Pubertal children and adolescents: the use is not recommended due to lack of adequate data.
<b>Rubi idaei folium</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Mouth and throat disorders	For the symptomatic treatment of mild inflammation in the mouth or throat.	<b>Herbal preparations</b> -Comminuted herbal substance -Dry extract (4:1): extraction solvent water	Comminuted herbal substance for infusion preparation for oromucosal use.	Adults	Prepubertal children: the indication is not relevant to this age category. Pubertal children and adolescents: the use is not recommended due to lack of adequate data.
<b>Rubi idaei folium</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Gastro-intestinal disorders	For the symptomatic treatment of mild diarrhoea.	<b>Herbal preparations</b> -Comminuted herbal substance -Dry extract (4:1): extraction solvent water	Comminuted herbal substance as herbal tea for Oral use. Herbal preparations in solid dosage form for oral use.	Adults	Prepubertal children: the indication is not relevant to this age category. Pubertal children and adolescents: the use is not recommended due to lack of adequate data.
<b>Rusci aculeati rhizoma</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Circulatory disorders	Used to relieve symptoms of discomfort and heaviness of legs related to minor venous circulatory disturbances.	<b>Herbal preparations</b> -Powdered root -Dry extract (2.5-6.5 : 1 ; water) -Dry extract (5-8.5 : 1 ; 80% (V/V) ethanol) -Dry extract (6-9 : 1 ; primary solvent 96% (V/V) ethanol followed by water) -Dry extract (15-20 : 1 ; 60% (V/V) methanol)	Solid dosage forms for oral use.	Adults	The indication is not relevant to children and adolescents.
<b>Rusci aculeati rhizoma</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Circulatory disorders	For symptomatic relief of itching and burning associated with haemorrhoids.	<b>Herbal preparations</b> -Dried powdered root -Dry extract (2.5-6.5 : 1 ; water) -Dry extract (5-8.5 : 1 ; 80% (V/V) ethanol) -Dry extract (6-9 : 1 ; primary solvent 96% (V/V) ethanol followed by water) -Dry extract (15-20 : 1 ; 60% (V/V) methanol)	Solid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
<b>Sabalisserrulataefructus</b>  <a href="#">Monograph</a> <a href="#">Assessment report</a>	Urinary tract and genital disorders	For the relief of lower urinary tract symptoms related to benign prostatic hyperplasia, after serious conditions have been excluded by a doctor.	<b>Herbal preparation</b> Soft extract (DER 7.5-14.3:1), extraction solvent: ethanol 90% to 96 % m/m	Herbal preparations in solid dosage form for oral use.	Adults	The use is not relevant because the indication does not occur in children and adolescents.
<b>Saliciscortex</b>  <a href="#">Monograph</a> <a href="#">Assessment report</a>	Pain and inflammation	Used for the relief of minor articular pain.	<b>Herbal preparations</b> -Comminuted herbal substance -Powdered herbal substance -Dry extract (DER 8-20:1) extraction solvent water -Dry extract (DER 16-23:1) extraction solvent water -Liquid extract (DER 1:1), extraction solvent ethanol 25% V/V -Tincture (1:5), extraction solvent ethanol 25% V/V	Solid or liquid dosage form, or as herbal tea for oral use.	Adults	The use is contraindicated due to the risk of Reye's syndrome.
<b>Saliciscortex</b>  <a href="#">Monograph</a> <a href="#">Assessment report</a>	Pain and inflammation	Used for headache.	<b>Herbal preparations</b> -Comminuted herbal substance -Powdered herbal substance -Dry extract (DER 8-20:1) extraction solvent water -Dry extract (DER 16-23:1) extraction solvent water -Liquid extract (DER 1:1), extraction solvent ethanol 25% V/V -Tincture (1:5), extraction solvent ethanol 25% V/V	Solid or liquid dosage form, or as herbal tea for oral use.	Adults	The use is contraindicated due to the risk of Reye's syndrome.
<b>Saliciscortex</b>  <a href="#">Monograph</a> <a href="#">Assessment report</a>	Cough and cold	Used for the relief of fever associated with common cold.	<b>Herbal preparations</b> -Comminuted herbal substance -Powdered herbal substance -Dry extract (DER 8-20:1) extraction solvent water -Dry extract (DER 16-23:1) extraction solvent water -Liquid extract (DER 1:1), extraction solvent ethanol 25% V/V -Tincture (1:5), extraction solvent ethanol 25% V/V	Solid or liquid dosage form, or as herbal tea for oral use.	Adults	The use is contraindicated due to the risk of Reye's syndrome.
<b>Salviaeofficinalisfolium</b>  <a href="#">Monograph</a> <a href="#">Assessment report</a>	Gastro-intestinal disorders	For symptomatic treatment of mild dyspeptic, complaints such as heartburn and bloating.	<b>Herbal preparations</b> - Comminuted herbal substance - Dry extract (DER 4-7:1), extraction solvent water - Liquid extract (DER 1:3.5-5), extraction solvent ethanol 31.5% V/V -Liquid extract (DER 1:4-6), extraction solvent liquor wine:ethanol 96% V/V (38.25:61.75 m/m) -Tincture (ratio of herbal substance to extraction solvent 1	Comminuted herbal substance as herbal tea for oral use. Herbal preparations in solid or liquid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
<b>Salviae officinalis folium</b>  <a href="#">Monograph</a> <a href="#">Assessment report</a>	Skin disorders and minor wounds	For relief of excessive sweating.	<b>Herbal preparations</b> -Comminuted herbal substance - Dry extract (DER 4-7: 1), extraction solvent water - Liquid extract (DER 1:3.5-5), extraction solvent ethanol 31.5% V/V -Liquid extract (DER 1:4-5) extraction solvent ethanol 50% V/V	Comminuted herbal substance as herbal tea for oral use.  Herbal preparations in solid or liquid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.
<b>Salviae officinalis folium</b>  <a href="#">Monograph</a> <a href="#">Assessment report</a>	Skin disorders and minor wounds	For relief of minor skin inflammations.	<b>Herbal preparations</b> - Comminuted herbal substance	Comminuted herbal substance for infusion preparation for cutaneous use.	Adults	The use is not recommended due to lack of adequate data.
<b>Salviae officinalis folium</b>  <a href="#">Monograph</a> <a href="#">Assessment report</a>	Mouth and throat disorders	For the symptomatic treatment of inflammations in the mouth or the throat.	<b>Herbal preparations</b> -Comminuted herbal substance - Liquid extract (DER 1: 1), extraction solvent ethanol 70% V/V -Liquid extract (DER 1:3.5-5), extraction solvent ethanol 31.5% V/V -Liquid extract (DER 1:4-6), extraction solvent liquor wine:ethanol 96% V/V (38.25:61.75 m/m)- Tincture (ratio of herbal substance to extraction solvent 1	Comminuted herbal substance for infusion preparation for oromucosal use. Herbal preparations in liquid or semi-solid dosage forms for oromucosal use.	Adults	The use is not recommended due to lack of adequate data.
<b>Sambuci flos</b>  <a href="#">Monograph</a> <a href="#">Assessment report</a>	Cough and cold	For the relief of early symptoms of common cold.	<b>Herbal substance</b> Dried flower  <b>Herbal preparations</b> -Liquid extract, DER 1:1, extraction solvent: 25% V/V ethanol -Tincture, DER 1:5 , extraction solvent: 25% V/V ethanol	Herbal substance as herbal tea for oral use Herbal preparations in liquid dosage forms for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
<b>Sideritis herba</b>  <a href="#">Monograph</a> <a href="#">Assessment report</a>	Cough and cold	For the relief of cough associated with cold.	<b>Herbal preparations</b> Comminuted herbal substance	Comminuted herbal substance as herbal tea for oral use.	Adults	The use is not recommended due to lack of adequate data.

	<b>Therapeutic area</b>	<b>Indication</b>	<b>Herbal substances and/or preparations referred in the monograph</b>	<b>Dosage form and method of administration</b>	<b>Target population</b>	<b>Justification for limited use</b>
<b>Sideritis herba</b>  <a href="#">Monograph</a>  <a href="#">Assessment report</a>	Gastro-intestinal disorders	For the relief of mild gastrointestinal discomfort.	<b>Herbal preparations</b> Comminuted herbal substance	Comminuted herbal substance as herbal tea for oral use.	Adults	The use is not recommended due to lack of adequate data.
<b>Sisymbrii officinalis herba</b>  <a href="#">Monograph</a>  <a href="#">Assessment report</a>	Mouth and throat disorders  Cough and cold	For the relief the symptoms of throat irritation such as hoarseness and dry cough.	<b>Herbal preparations</b> -Dry extract (DER 3.5-5.5:1), extraction solvent water -Dry extract (DER 6-8:1), extraction solvent water	Herbal preparations in solid dosage form for oromucosal use.  Herbal preparation in liquid dosage form for oral use.	<b>Oromucosal use</b> Children older than 6 years Adolescents Adults  <b>Oral use</b> Children older than 3 years Adolescents Adults	<b>Oromucosal use</b> in children under 6 years of age is not recommended because of the pharmaceutical form (solid dosage form)  <b>Oral use</b> The oral use in children under 3 years of age is not recommended due to lack of adequate data and because medical advice should be sought.
<b>Soiae Oleum raffinatum</b>  <a href="#">Monograph</a>  <a href="#">Assessment report</a>	Skin disorders and minor wounds	For the symptomatic relief of dry skin conditions associated with mild recurrent eczema.	<b>Herbal preparations</b> Soya-bean oil, refined	Liquid dosage forms for use as a bath additive	Infants Children Adolescents Adults	The use is not recommended due to lack of adequate data.
<b>Solidaginis virgaureae herba</b>  <a href="#">Monograph</a>  <a href="#">Assessment report</a>	Urinary tract and genital disorders	Used to increase the amount of urine - as adjuvant in treatment of minor urinary complaints.	<b>Herbal preparations</b> -Comminuted herbal substance -Liquid extract (1:1) prepared with ethanol/water 25% (V/V) -Tincture (1:5 (V/V)) prepared with ethanol/water 45% (V/V) -Dry extract (5-7:1) prepared with ethanol/water 30 – 60% (V/V)	Solid or liquid dosage forms or herbal tea for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate experience.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
<b>Species diureticae</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Urinary tract and genital disorders	Used to increase the amount of urine to achieve flushing of the urinary tract as an adjuvant in minor urinary complaints.	<b>See table in the monograph</b>	Comminuted herbal substances as herbal tea for oral use	Adolescents Adults	The use is not recommended due to lack of adequate data.
<b>Symphyti radix</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Pain and inflammation	For the symptomatic relief of minor sprains and bruises.	<b>Herbal preparations</b> Liquid extract prepared by extraction with ethanol 65% (V/V) followed by partial evaporation and adjustment to a DER 2: 1	Herbal preparations in semi-solid dosage forms for cutaneous use.	Adults	The use is not recommended due to lack of adequate data.
<b>Tanacetii parthenii herba</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Pain and inflammation	For the prophylaxis of migraine headaches, after serious conditions have been excluded by a medical doctor.	<b>Herbal preparation</b> Powdered herbal substance	Herbal preparation in solid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.
<b>Taraxaci folium</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Urinary tract and genital disorders	Used to increase the amount of urine to achieve flushing of the urinary tract as an adjuvant in minor urinary complaints.	<b>Herbal preparations</b> -Dried leaves, comminuted -Liquid extract (DER 1: 1), extraction solvent ethanol 25% (V/V) -Expressed juice from fresh leaves	Herbal preparations in liquid dosage forms for oral use.  Comminuted herbal substance as herbal tea for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
<b>Taraxaci radix cum herba</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Gastro-intestinal disorders	For the relief of symptoms related to mild digestive disorders (such as feeling of abdominal fullness, flatulence, and slow digestion).	<b>Herbal preparations</b> -Dried root with herb, comminuted -Dry extract (DER 5.6-8.4: 1), extraction solvent ethanol 60% (V/V) -Liquid extract (DER 1:0.9-1.1), extraction solvent ethanol 30% (V/V) -Liquid extract (DER 0.75: 1), extraction solvent ethanol 30% m/m -Expressed juice (DER 1:0.5-0.8), fresh flowering Taraxaci radix cum herba	Herbal preparations in solid or liquid dosage forms for oral use. Comminuted herbal substance as herbal tea for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
<b>Taraxaci radix cum herba</b>  <a href="#">Monograph</a>  <a href="#">Assessment report</a>	Loss of appetite	Used in temporary loss of appetite.	<b>Herbal preparations</b> -Dried root with herb, comminuted -Dry extract (DER 5.6-8.4:1), extraction solvent ethanol 60% (V/V) -Liquid extract (DER 1:0.9-1.1), extraction solvent ethanol 30% (V/V) -Liquid extract (DER 0.75:1), extraction solvent ethanol 30% m/m -Expressed juice (DER 1:0.5-0.8), fresh flowering Taraxaci radix cum herba	Herbal preparations in solid or liquid dosage forms for oral use. Comminuted herbal substance as herbal tea for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
<b>Taraxaci radix cum herba</b>  <a href="#">Monograph</a>  <a href="#">Assessment report</a>	Urinary tract and gynecology disorders	Used to increase the amount of urine to achieve flushing of the urinary tract as an adjuvant in minor urinary complaints.	<b>Herbal preparations</b> Dried root with herb, comminuted	Herbal preparations in solid or liquid dosage forms for oral use. Comminuted herbal substance as herbal tea for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
<b>Thymi aetheroleum</b>  <a href="#">Monograph</a>  <a href="#">Assessment report</a>	Cough and cold	Used as an expectorant in cough associated with cold.	<b>Herbal preparation</b> Essential oil	Liquid dosage forms for oral use for oral use.	Children older than 4 years Adolescents Adults	The use is not recommended due to lack of adequate data.
<b>Thymi aetheroleum</b>  <a href="#">Monograph</a>  <a href="#">Assessment report</a>	Cough and cold	For the relief of symptoms in coughs and colds.	<b>Herbal preparation</b> Essential oil	Solid or liquid dosage forms for cutaneous use.	Use as bath additive: Children older than 3 years Adolescents Adults  Cutaneous use: Adults	Use as bath additive: the use is not recommended due to lack of adequate data and because medical advice should be sought. Cutaneous use: the use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
<b>Thymi herba</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Cough and cold	Used as an expectorant in cough associated with cold.	<b>Herbal preparations:</b> - (c) Liquid extract (1:2-2.5), extraction solvent ammonia solution 10% (m/m) : glycerol 85% (m/m) : ethanol 25% (V/V) : water (1:20:70:109) - (g) Liquid extract from fresh herb (1:1.5-2.4), extraction solvent water (often referred as "expressed juice") - Liquid extract (1:1), extraction solvent ethanol 24% (V/V) - Liquid extract (1:1.16), extraction solvent glycerol 85% (m/m) : ethanol 25% (m/m) (0.1:2) - Tincture (1:10), extraction solvent ethanol 70% (V/V) - Tincture (1:5), extraction solvent ethanol 70% (V/V) - Soft extract (5-8:1), extraction solvent ethanol 25% (V/V) or methanol 25% - Dry extract (6-10:1), extraction solvent ethanol 70% (V/V) - Dry extract (1.6-2.4:1), extraction solvent ethanol 96% (V/V) - Liquid extract (1-4.5), extraction solvent ammonia solution 10% (m/m) : glycerol 85% (m/m) : ethanol 96% (V/V) : water (1.2:25:112:113) - Dry extract (7-13:1), extraction solvent water - Comminuted herbal substance	Comminuted herbal substance as herbal tea for oral use or Liquid or solid dosage forms for oral use.	Herbal preparations c and g : Children older than 4 years Adolescents Adults  Other preparations: Adolescents Adults	Children younger than 4 years: the use is not recommended because medical advice should be sought. Children from 4 to 12 years: the use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
<b>Thymi herba and Primulae radix</b>  <a href="#">Monograph</a>  <a href="#">Assessment report</a>	Cough and cold	Traditional herbal medicinal product used as an expectorant in cough associated with cold.	<b>Herbal preparations</b> a) Dry extract from Thyme (DER 6-10:1), extraction solvent ethanol 70% V/V and dry extract from Primula root (DER 3.5-4.5:1), extraction solvent water b) Liquid extract from Thyme (DER 1:2-2.5), extraction solvent ammonia solution 10% m/m: glycerol 85% m/m: ethanol 90% V/V: water (1:20:70:109) and soft extract from Primula root (DER 3-7:1), extraction solvent methanol: water: ammonia solution 26% (50:49.5:0.5) c) Liquid extract from Thyme (DER 1:2-2.5), extraction solvent ammonia solution 10% m/m: glycerol 85% m/m: ethanol 90% V/V: water (1:20:70:109) and soft extract from Primula root (DER 1-2:1), extraction d) Dry extract from Thyme (DER 4.5-7:1), extraction solvent methanol 25% V/V and dry extract from Primula root (DER 4-6:1), extraction solvent water e) Liquid extract from Thyme (DER 1:2-3), extraction solvent ethanol 20% V/V and liquid extract from Primula root (DER 1:2-3), extraction solvent ethanol 15% V/V f) Soft extract from Thyme (DER 5-7:1), extraction solvent methanol 25% V/V and soft extract from Primula root (DER 6-10:1), extraction solvent water g) Liquid extract from Thyme (DER 1:2-2.5), extraction solvent ammonia solution 10% m/m: glycerol 85% m/m: ethanol 90% V/V: water (1:20:70:109) and tincture from Primula root (Ratio herbal substance to extraction solvent 1:5), extraction solvent ethanol 50% V/V h) Liquid extract from Thyme (DER 1:2-2.5), extraction solvent ammonia solution 10% m/m: glycerol 85% m/m: ethanol 90% V/V: water (1:20:70:109) and liquid extract from Primula root (DER 1:2-2.5), extraction solvent ethanol 70% m/m i) Liquid extract from the mixture of Thyme (DER 1:3.3) and Primula root (DER 1:2-4.6), extraction solvent water	Herbal preparations in liquid or solid dosage forms for oral use.	Preparations c,g,h : Children older than 4 years  All preparations: Adolescents Adults	Children younger than 4 years: the use is not recommended because medical advice should be sought. Children from 4 to 12 years: the use is not recommended due to lack of adequate data. (preparations a,b,d,e,f,i)
<b>Tiliae flos</b>  <a href="#">Monograph</a>  <a href="#">Assessment report</a>	Cough and cold	For the relief of symptoms of common cold.	<b>Herbal preparations</b> -Comminuted herbal substance -Liquid extract (DER 1:1), extraction solvent ethanol 25% (V/V) -Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent ethanol 45% (V/V)	Comminuted herbal substance as herbal tea for oral use.	Children older than 4 years Adolescents Adults	The use in children under 4 years of age has not been established due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
<b>Tiliae flos</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Mental stress and mood disorders	For the relief of mild symptoms of mental stress.	<b>Herbal preparations</b> - Comminuted herbal substance - Liquid extract (DER 1:1), extraction solvent ethanol 25% (V/V) - Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent ethanol 45% (V/V)	Comminuted herbal substance as herbal tea for oral use.	Adolescents Adults	The use in children under 12 years of age has not been established due to lack of adequate data.
<b>Tormentillae rhizoma</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Gastro-intestinal disorders	For symptomatic treatment of mild diarrhoea.	<b>Herbal preparations</b> a) Comminuted herbal substance b) Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent ethanol 70% (V/V) c) Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent ethanol 45% (V/V) d) Liquid extract (DER 1:1), extraction solvent ethanol 25% (V/V) e) Dry extract (DER 3.5-4.5:1), extraction solvent ethanol 60% (V/V)	Comminuted herbal substance as herbal tea for oral use.  Herbal preparations b), c), d), e) in liquid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.
<b>Tormentillae rhizoma</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Pain and inflammation	For the symptomatic treatment of minor inflammations of the oral mucosa.	<b>Herbal preparations</b> a) Comminuted herbal substance: as infusion: 1.3–2 g per 100 ml of water. as decoction: 0.8–3 g per 100 ml of water b) Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent ethanol 70% (V/V)	Comminuted herbal substance for infusion or decoction preparation for oromucosal use.  Herbal preparation b) in liquid dosage forms for oromucosal use.	Adults	The use is not recommended due to lack of adequate data.
<b>Urticae folium</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Pain and inflammation	For relief of minor articular pain.	<b>Herbal substance</b> Cut dried leaves  <b>Herbal preparations</b> -Comminuted herbal substance -Liquid extracts (1:5) prepared with 96% ethanol (V/V):water:wine 16.5% (V/V) (1.65:1.35:7) -Dry extract (4.7-6:1), extraction solvent: water, -Dry extract (5-10:1), extraction solvent: water -Dry extract (8-10:1), extraction solvent: ethanol 50% (V/V)	Solid or liquid dosage forms or as an herbal tea for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate experience.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
<b>Urticae folium</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Urinary tract and genital disorders	Used to increase the amount of urine to achieve flushing of the urinary tract as an adjuvant in minor urinary complaints.	<b>Herbal substance</b> cut dried leaves  <b>Herbal preparations</b> -Comminuted herbal substance -Liquid extracts (1:5) prepared with 96% ethanol (V/V): water:wine 16.5% (V/V) (1.65:1.35:7) -Dry extract (4.7-6:1), extraction solvent: water -Dry extract (5-10:1), extraction solvent: water -Dry extract (8-10:1), extraction solvent: ethanol 50% (V/V)	Solid or liquid dosage forms or as an herbal tea for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate experience.
<b>Urticae herba</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Urinary tract and genital disorders	Used to increase the amount of urine to achieve flushing of the urinary tract as an adjuvant in minor urinary complaints.	<b>Herbal substance</b> Dried cut or fragmented aerial parts of the plant collected or harvested during the flowering period	Liquid dosage forms or as herbal tea for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate experience.
<b>Urticae herba</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Pain and inflammation	For relief of minor articular pain.	<b>Herbal preparations</b> -Comminuted herbal substance -Powdered herbal substance -Expressed juice (1:0.5-1.1) from fresh herb -Expressed juice (1.36-1.96:1) from fresh herb -Liquid extract (1:1), extraction solvent: ethanol 25% (V/V) -Liquid extract (1:1.8-2.2), extraction solvent: ethanol 30% (V/V) -Tincture (1:5), extraction solvent: ethanol 45% (V/V) -Dry extract (5-10:1), extraction solvent: water	Liquid dosage forms or as herbal tea for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate experience.
<b>Urticae herba</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Skin disorders and minor wounds	Used in seborrheic skin conditions.	<b>Herbal preparations</b> -Comminuted herbal substance -Powdered herbal substance -Expressed juice (1:0.5-1.1) from fresh herb -Expressed juice (1.36-1.96:1) from fresh herb -Liquid extract (1:1), extraction solvent: ethanol 25% (V/V) -Liquid extract (1:1.8-2.2), extraction solvent: ethanol 30% (V/V) -Tincture (1:5), extraction solvent: ethanol 45% (V/V) -Dry extract (5-10:1), extraction solvent: water	Liquid dosage forms or as herbal tea for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate experience.
<b>Uvae ursi folium</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Urinary tract and genital disorders	For relief of symptoms of mild recurrent lower urinary tract infections such as burning sensation during urination and/or frequent urination in women, after serious conditions have been excluded by a medical doctor.	<b>Herbal preparations</b> -Comminuted herbal substance -Powdered herbal substance -Dry extract (DER 3.5-5.5:1), extraction solvent ethanol 60% V/V, containing 23.5-29.3% of hydroquinone derivatives calculated as anhydrous arbutin (spectrophotometry) -Dry extract (DER 2.5-4.5:1), extraction solvent water, containing 20-28% of hydroquinone derivatives calculated as anhydrous arbutin (spectrophotometry) -Liquid extract (DER 1:1), extraction solvent ethanol 25% V/V	Comminuted herbal substance as herbal tea for oral use. Herbal preparations in liquid or solid dosage forms for oral use.	Female adults	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
<b>Valerianae aetheroleum</b>  <a href="#">Monograph</a>  <a href="#">Assessment report</a>	Sleep disorders and temporary insomnia	Used to aid sleep.	<b>Herbal preparation</b> essential oil	Herbal preparations in liquid dosage forms for oral use. Herbal preparations in liquid dosage forms for use as bath additive.	Adolescents Adults	The use is not recommended due to lack of adequate data.
<b>Valerianae aetheroleum</b>  <a href="#">Monograph</a>  <a href="#">Assessment report</a>	Mental stress and mood disorders	Relief of mild symptoms of mental stress.	<b>Herbal preparation</b> essential oil	Herbal preparations in liquid dosage forms for oral use. Herbal preparations in liquid dosage forms for use as bath additive.	Adolescents Adults	The use is not recommended due to lack of adequate data.
<b>Valerianae radix</b>  <a href="#">Monograph</a>  <a href="#">Assessment report</a>	Sleep disorders and temporary insomnia	Used to aid sleep.	<b>Herbal preparations</b> a) Comminuted herbal substance b) Powdered herbal substance c) Expressed juice from fresh root (1:0.60-0.85) d) Dry extract (DER 4-6: 1), extraction solvent: water e) Liquid extract (DER 1: 4-6), extraction solvent: water f) Dry extract (DER 4-7: 1), extraction solvent: methanol 45% (V/V) g) Dry extract (DER 5.3-6.6: 1), extraction solvent: methanol 45% (m/m) h) Liquid extract (DER 1: 7-9), extraction solvent: sweet vine i) Liquid extract (DER 1: 1), extraction solvent: ethanol 60% (V/V) j) Tincture (ratio of herbal substance to extraction solvent 1:8), extraction solvent: ethanol 60% (V/V) k) Tincture (ratio of herbal substance to extraction solvent 1:10), extraction solvent: ethanol 56% l) Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent: ethanol 70% (V/V) m) Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent: ethanol 60-80% (V/V) n) Dry extract (DER 5.5-7.4: 1), extraction solvent: ethanol 85% (m/m)	Comminuted herbal substance as herbal tea for oral use.  Herbal preparation in liquid or solid dosage forms for oral use.  Comminuted herbal substance for use as bath additive (prep. a).	Adolescents Adults	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
<b>Valerianae radix</b>  <a href="#">Monograph</a> <a href="#">Assessment report</a>	Mental stress and mood disorders	Relief of mild symptoms of mental stress.	<b>Herbal preparations</b> a) Comminuted herbal substance b) Powdered herbal substance c) Expressed juice from fresh root (1:0.60-0.85) d) Dry extract (DER 4-6:1), extraction solvent: water e) Liquid extract (DER 1:4-6), extraction solvent: water f) Dry extract (DER 4-7:1), extraction solvent: methanol 45% (V/V) g) Dry extract (DER 5.3-6.6:1), extraction solvent: methanol 45% (m/m) h) Liquid extract (DER 1:7-9), extraction solvent: sweet vine i) Liquid extract (DER 1:1), extraction solvent: ethanol 60% (V/V) j) Tincture (ratio of herbal substance to extraction solvent 1:8), extraction solvent: ethanol 60% (V/V) k) Tincture (ratio of herbal substance to extraction solvent 1:10), extraction solvent: ethanol 56% l) Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent: ethanol 70% (V/V) m) Tincture (ratio of herbal substance to extraction solvent 1:5), extraction solvent: ethanol 60-80% (V/V) n) Dry extract (DER 5.5-7.4:1), extraction solvent: ethanol 85% (m/m)	Comminuted herbal substance as herbal tea for oral use.  Herbal preparation in liquid or solid dosage forms for oral use.  Comminuted herbal substance for use as bath additive (prep. a).	Adolescents Adults	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
<b>Valerianae radix and Lupuli flos</b>  <a href="#">Monograph</a>  <a href="#">Assessment report</a>	Sleep disorders and temporary insomnia	Used to aid sleep.	<b>Herbal preparations used in fixed combinations of:</b> -Liquid extract (DER 1:6.3) from a mixture of valerian root-hop strobiles (1:1), extraction solvent ethanol 40% (V/V) -Liquid extract from a mixture (1:1) of valerian root tincture (DER 1:10), extraction solvent ethanol 53% m/m and hop strobiles liquid extract (DER 1:2.2), extraction solvent ethanol 53% m/m -Dry extracts of valerian root (DER 4-6:1), extraction solvent water and hop strobiles (DER 3-6:1), extraction solvent water -Dry extracts of valerian root (DER 5-7:1), extraction solvent methanol 45% m/m and hop strobiles (DER 5-7:1), extraction solvent water -Dry extracts of valerian root (DER 4-5:1), extraction solvent ethanol 60% (V/V) and hop strobiles (DER 5-9:1), extraction solvent water -Dry extracts of valerian root (DER 4-7:1), extraction solvent methanol 45% (V/V) and hop strobiles (DER 4-8:1), extraction solvent ethanol 40% (V/V) -Dry extracts of valerian root (DER 3-7:1), extraction solvent ethanol 70% (V/V) and hop strobiles (DER 4-8:1), extraction solvent ethanol 40% (V/V) -Dry extracts of valerian root (DER 6-7:1), extraction solvent ethanol 70% (V/V) and hop strobiles (DER 11-14:1), extraction solvent ethanol 96% (V/V) -Dry extracts of valerian root (DER 5-8:1), extraction solvent ethanol 85% (V/V) and hop strobiles (DER 9-11:1), extraction solvent ethanol 90% (V/V)	Solid or liquid dosage forms for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data.

	Therapeutic area	Indication	Herbal substances and/or preparations referred in the monograph	Dosage form and method of administration	Target population	Justification for limited use
<b>Valerianae radix and Lupuli flos</b>  <a href="#">Monograph</a> <a href="#">Assessment report</a>	Mental stress and mood disorders	For relief of mild symptoms of mental stress.	<b>Herbal preparations used in fixed combinations of:</b> -Liquid extract (DER 1:6.3) from a mixture of valerian root-hop strobiles (1:1), extraction solvent ethanol 40% (V/V) -Liquid extract from a mixture (1:1) of valerian root tincture (DER 1:10), extraction solvent ethanol 53% m/m and hop strobiles liquid extract (DER 1:2.2), extraction solvent ethanol 53% m/m -Dry extracts of valerian root (DER 4-6:1), extraction solvent water and hop strobiles (DER 3-6:1), extraction solvent water -Dry extracts of valerian root (DER 5-7:1), extraction solvent methanol 45% m/m and hop strobiles (DER 5-7:1), extraction solvent water -Dry extracts of valerian root (DER 4-5:1), extraction solvent ethanol 60% (V/V) and hop strobiles (DER 5-9:1), extraction solvent water - Dry extracts of valerian root (DER 4-7:1), extraction solvent methanol 45% (V/V) and hop strobiles (DER 4-8:1), extraction solvent ethanol 40% (V/V) -Dry extracts of valerian root (DER 3-7:1), extraction solvent ethanol 70% (V/V) and hop strobiles (DER 4-8:1), extraction solvent ethanol 40% (V/V) -Dry extracts of valerian root (DER 6-7:1), extraction solvent ethanol 70% (V/V) and hop strobiles (DER 11-14:1), extraction solvent ethanol 96% (V/V) -Dry extracts of valerian root (DER 5-8:1), extraction solvent ethanol 85% (V/V) and hop strobiles (DER 9-11:1), extraction solvent ethanol 90% (V/V)	Solid or liquid dosage forms for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
<b>Verbasci flos</b>  <a href="#">Monograph</a> <a href="#">Assessment report</a>	Cough and cold	To relieve symptoms of sore throat associated with dry cough and cold.	<b>Herbal substance</b> Dried flowers, reduced to the corolla and the androecium  <b>Herbal preparation</b> Comminuted herbal substance	Herbal tea for oral use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
<b>Violae herba cum flore</b>  <a href="#">Monograph</a> <a href="#">Assessment report</a>	Skin disorders and minor wounds	For symptomatic treatment of mild seborrhoeic skin conditions.	<b>Herbal preparation</b> Comminuted herbal substance	Comminuted herbal substance as herbal tea for oral use.	Adults	The use is not recommended due to lack of adequate data.

	<b>Therapeutic area</b>	<b>Indication</b>	<b>Herbal substances and/or preparations referred in the monograph</b>	<b>Dosage form and method of administration</b>	<b>Target population</b>	<b>Justification for limited use</b>
<b>Violae herba cum flore</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Skin disorders and minor wounds	For symptomatic treatment of mild seborrheic skin conditions.	<b>Herbal preparation</b> Comminuted herbal substance	Comminuted herbal substance as herbal tea for infusion preparation for cutaneous use.	Adolescents Adults	The use is not recommended due to lack of adequate data.
<b>Vitis viniferae folium</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Circulatory disorders	To relieve symptoms of discomfort and heaviness of legs related to minor venous circulatory disturbances.	<b>Herbal preparations</b> -Comminuted herbal substance as herbal tea -Powdered herbal substance -Soft extract (DER 2.5-4: 1); extraction solvent water	Comminuted herbal substance as herbal tea for oral use. Herbal preparation in solid dosage forms for oral use. Herbal preparation in semi-solid dosage forms for cutaneous use.	Adults	The indication is not relevant to children and adolescents.
<b>Vitis viniferae folium</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Circulatory disorders	For symptomatic relief of itching and burning associated with haemorrhoids.	<b>Herbal preparations</b> -Comminuted herbal substance as herbal tea -Powdered herbal substance	Comminuted herbal substance as herbal tea for oral use. Herbal preparation in solid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.
<b>Vitis viniferae folium</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Circulatory disorders	For symptomatic treatment of cutaneous capillary fragility.	<b>Herbal preparations</b> -Comminuted herbal substance as herbal tea -Powdered herbal substance	Comminuted herbal substance as herbal tea for oral use. Herbal preparation in solid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.
<b>Zingiberis rhizoma</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Gastro-intestinal disorders	For the symptomatic relief of motion sickness.	<b>Herbal preparation</b> Powdered herbal substance	Herbal preparations in solid dosage forms for oral use.	Children older than 6 years Adolescents Adults	The use is not recommended due to lack of adequate data.

	<b>Therapeutic area</b>	<b>Indication</b>	<b>Herbal substances and/or preparations referred in the monograph</b>	<b>Dosage form and method of administration</b>	<b>Target population</b>	<b>Justification for limited use</b>
<b>Zingiberis rhizoma</b> <a href="#">Monograph</a> <a href="#">Assessment report</a>	Gastro-intestinal disorders	For symptomatic treatment of mild, spasmodic gastrointestinal complaints including bloating and flatulence.	<b>Herbal preparation</b> Powdered herbal substance	Herbal preparations in solid dosage forms for oral use.	Adults	The use is not recommended due to lack of adequate data.