Revista de Fitoterapia 2002; 2 (S1)

## A189 Evaluation of the essential oils of Thymus vulgaris, Zataria multiflora, Carum copticum, and an extract of Ziziphora clinopodioides for antibacterial activity

J. Behravan, M. Ramezani and S. Ebadi

School of Pharmacy, Mashhad University of Medical Sciences, P. O. Box 91775-1365, Mashhad, Iran.

A bioautographic method was used to investigate the antibacterial effects of the essential oils of *Thymus vul-garis, Zataria multiflora, Carum copticum* and an extract of *Ziziphora clinopodioides*. Antibacterial activity of the essential oils and the extract were determined against *Bacillus subtilis* ATCC 6633 and *Escherichia coli* ATCC 8739. A mixture of molten nutrient agar (45 °C) containing para-iodo nitrotetrazolium (INT) solution (5 mg/ml) was inoculated with a bacterial suspension to give a count of 5x 10<sup>6</sup> cfu/ml and poured over a developed TLC plate (1). The plates were then incubated in sterile petri dishes at 37°C for 24 hours. Antibacterial activity of samples was evaluated as showing clear zones against a rose-red colored background (2).

The essential oils of all plants, Thymus vulgaris, Zataria multiflora, Carum copticum, showed antibacterial activity against B. subtilis ATTC 6633 and E. coli ATCC 8739 at an Rf 0.4 which represented the Rf value for thymol and carvacrol in petroleum ether-chloroform (1:1) as solvent system. No antibacterial activity was observed for the extract of Z. clinopodioides.

References: 1. Rios, J.L. et. al. (1988). J. Ethnopharmacol. 29: 291-294. 2. Hamburger, M.O. and Cordell, G.A. (1987). J. Nat. Prod. 50: 19-22.

## A190 Ostruthin: An antimycobacterial compound from the roots of Peucedanum ostruthium

A. Schinkovitz a, S.Gibbons b, M. Stavri b and F. Bucar a

<sup>a</sup> Institute for Pharmacognosy University of Graz, Universitaetsplatz 4/1, A-8010 Graz, Austria. <sup>b</sup> Centre for Pharmacognosy and Phytotherapy: The School of Pharmacy, University of London, 29/39 Brunswick Square, WC1N 1AX London, United Kingdom.

The search for new antimycobacterial substances has become an important field of medical investigations. Many plants and plant extracts have been investigated in this context, but only in a few cases have active compounds been isolated (1,2). We have therefore tested a number of different herbal drugs from traditional medicine for their antimycobacterial effects in a microtitre plate assay using Mycobacterium fortuitum. The dichloromethane extract of the roots of Peucedanum ostruthium Koch (Apiaceae) showed significant inhibitory activity (minimum inhibitory concentration (MIC) =  $32 \, \mu g/ml$ ). Conducting a bioassay guided fractionation strategy, ostruthin (6-geranyl-7-hydroxycoumarin) was identified as the active component (MIC =  $2 \, \mu g/ml$ ). Its activity was comparable to that of standard antitubercular drugs such as isoniazid (MIC =  $0.5 \, \mu g/ml$ ), and ethambutol (MIC =  $4 \, \mu g/ml$ ). Imperatorin, a furanocoumarin, was also isolated from the active fraction, but showed no inhibitory effects. Our results indicate that herbal drugs deserve further attention as a source for new antimycobacterial drugs.

Acknowledgements: Financial support by the British Council, the University of Graz, and the Austrian Federal Ministry for Science and Culture is acknowledged.

References: 1. Newton, S. et al. (2000) Phytother. Res. 14: 303-22. 2. Rajab, M. et al. (1998) Planta Med. 64: 2-4.